

CAPE ARGUS

CAPE TOWN



PERSPECTIVES, PLACES
AND RAINBOW PEOPLE

With much thanks For all
your assistance & caring!
Regards,
Philip Saputo

CAPE  ARGUS



CAPE
TOWN



CAPE ARGUS

CAPE TOWN



STRUIK PUBLISHERS (PTY) LTD
(a member of The Struik Publishing Group (Pty) Ltd)
Cornelis Struik House
80 McKenzie Street
Cape Town 8001

Reg. No.: 54/00965/07

First published 1996
Second edition 1998

Copyright © text: *Cape Argus*
Copyright © photographs: *Cape Argus*
Copyright © maps: Globetrotter Travel Maps

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of the copyright owners.

MANAGING EDITOR: Annlerie van Rooyen
EDITOR: Brenda Brickman
PROJECT CO-ORDINATOR: Inge du Plessis
DESIGNER: Janice Evans
DESIGN ASSISTANTS: Suzanne Fortescue and Lellyn Creamer
DTP: Suzanne Fortescue
MAPS: John Loubser
PICTURE EDITING: Jim McLagan *Cape Argus*

Reproduction by Unifoto (Pty) Ltd, Cape Town
Printed and bound by Kyodo Printing Co. (Singapore) Pte Ltd

ISBN 1 86872 152 3

CONTENTS

FOREWORD 6

INTRODUCTION 8

CITY BOWL 12

TABLE MOUNTAIN 26

WATERFRONT 32

TOURIST TRAILS 42

RAINBOW PEOPLE 68

SPORT AND RECREATION 78

WINE ROUTE 92

A DAY AWAY 98

FOREWORD

ON THEIR DAILY assignments photographers of the *Cape Argus* newspaper travel to every corner of the Western Cape in search of images which will tell a story. This book, though, is more about the images which captured their fancy.

It is a record of the life and times of Cape Town as they see it – and as they would like others to see it; shared moments which they have frozen in time to portray a city of endless fascination, diversity and enchantment. Newspaper photographers have an eye for the exceptional. That is their business and they are well trained for it. However, they also have a talent for taking those spur-of-the-moment pictures which bring a fresh spontaneity to their work; those flashes of brilliance which are their hallmark.

It is this newsy and vibrant lack of formality which makes this book so different and compelling, and which captures so well the harmony and colour, the humour and daily ironies, which make Cape Town and its environs so delightfully unique.

The *Cape Argus* prides itself in having more award-winning photographers on its staff than most newspapers, and those whose work is featured in this book are Jim McLagan, Leon Müller, Andrew Ingram, Doug Pithey, Brenton Geach, Hannes Thiart, Roy Wigley and Obed Zilwa. The text and captions are by senior staff writers Michael Morris and John Yeld.

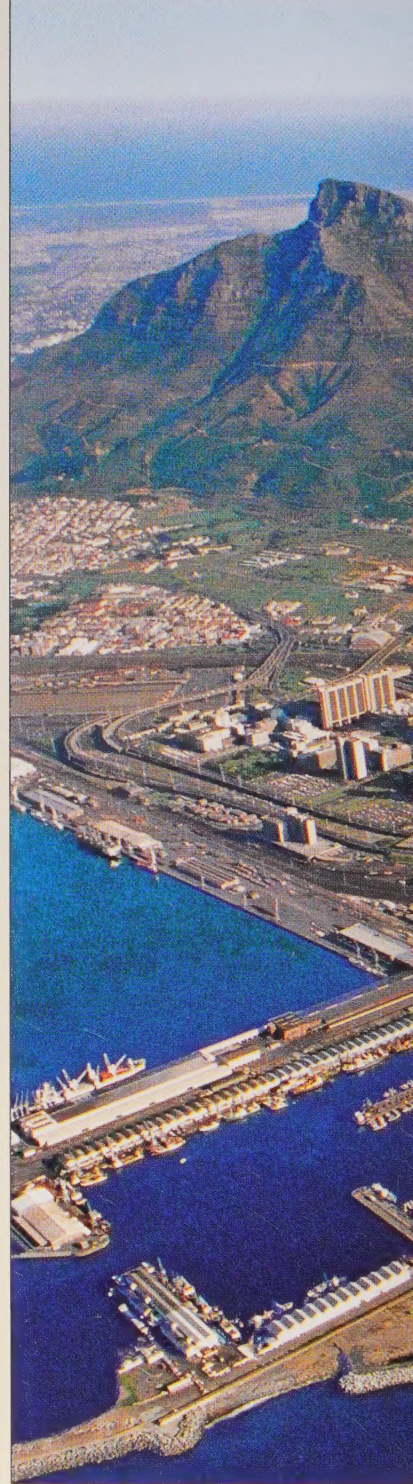
HUGH ROBERTON

ASSISTANT EDITOR, *Cape Argus*

1 Table Mountain cuts an impressive profile in this aerial view of Cape Town and its Atlantic suburbs.

2 Fishermen brave monstrous swells smacking the harbour wall at the fishing village of Kalk Bay.

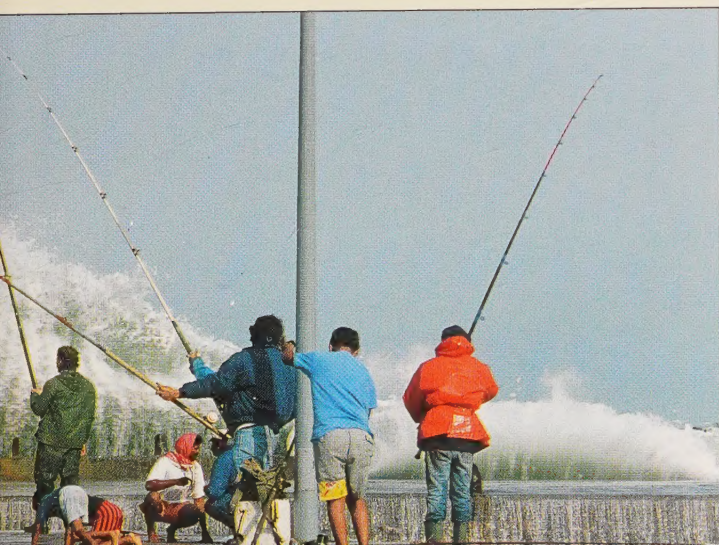
3 Historical Kronendal in Hout Bay with the dappled shade of oaks.



1

2





INTRODUCTION

EVER SINCE THE Portuguese navigator Antonio de Saldanha's expedition made a navigational error in 1503 and fortuitously became the first Europeans to sail into Table Bay (Bartholemeu Dias and Vasco da Gama missed it in their earlier voyages), the scenic splendour of what is today Cape Town has been known to the world.

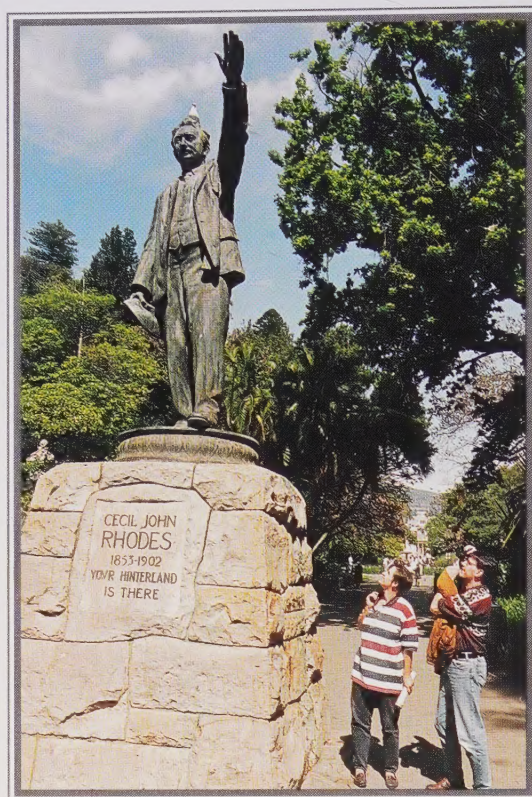
Early navigators described the city's backdrop with awe and wonderment, passing sailors sketched it with naïve flourishes, and in later years artists and photographers reproduced its craggy mountains and storm-tossed shores for the enjoyment of millions of people around the world. But over the centuries it has become vastly more than just a place of scenic delights. It has grown into a vibrant crossroads of commerce and shipping, of people and cultures, of art and architecture, music and literature – all combining to form a community which is both dynamic and unique.

The first inhabitants of the Cape Town area were the indigenous Khoikhoi people, whose name for the Cape Peninsula was *Hu-gais*, which meant 'great storm rocks'.

De Saldanha and his crew members took on fresh water from a stream on the slopes of Table Mountain called *amissa* in the click language of these people and it may have inspired the name the Portuguese gave in their earliest maps to what is now Cape Town – 'Camissa'.

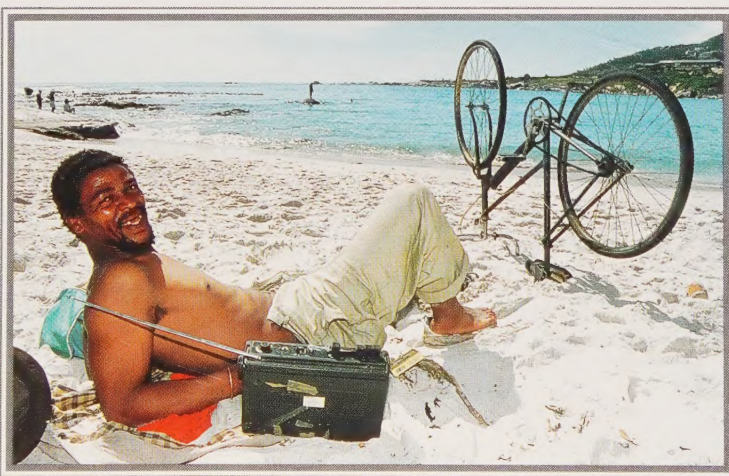
From the early explorers to the present, Cape Town has experienced huge infusions of people, especially from Holland, Britain, Germany, Indonesia, Portugal and the sprawling African hinterland. This exciting mix of peoples have left their mark on the landscape. They have cut roads through the towering cliffs and mountains, they have laid out elegant gardens, famed throughout the world, they have built forts and grand

residences and modern skyscrapers. Their more contemporary descendants have become renowned throughout the world, counting among their ranks



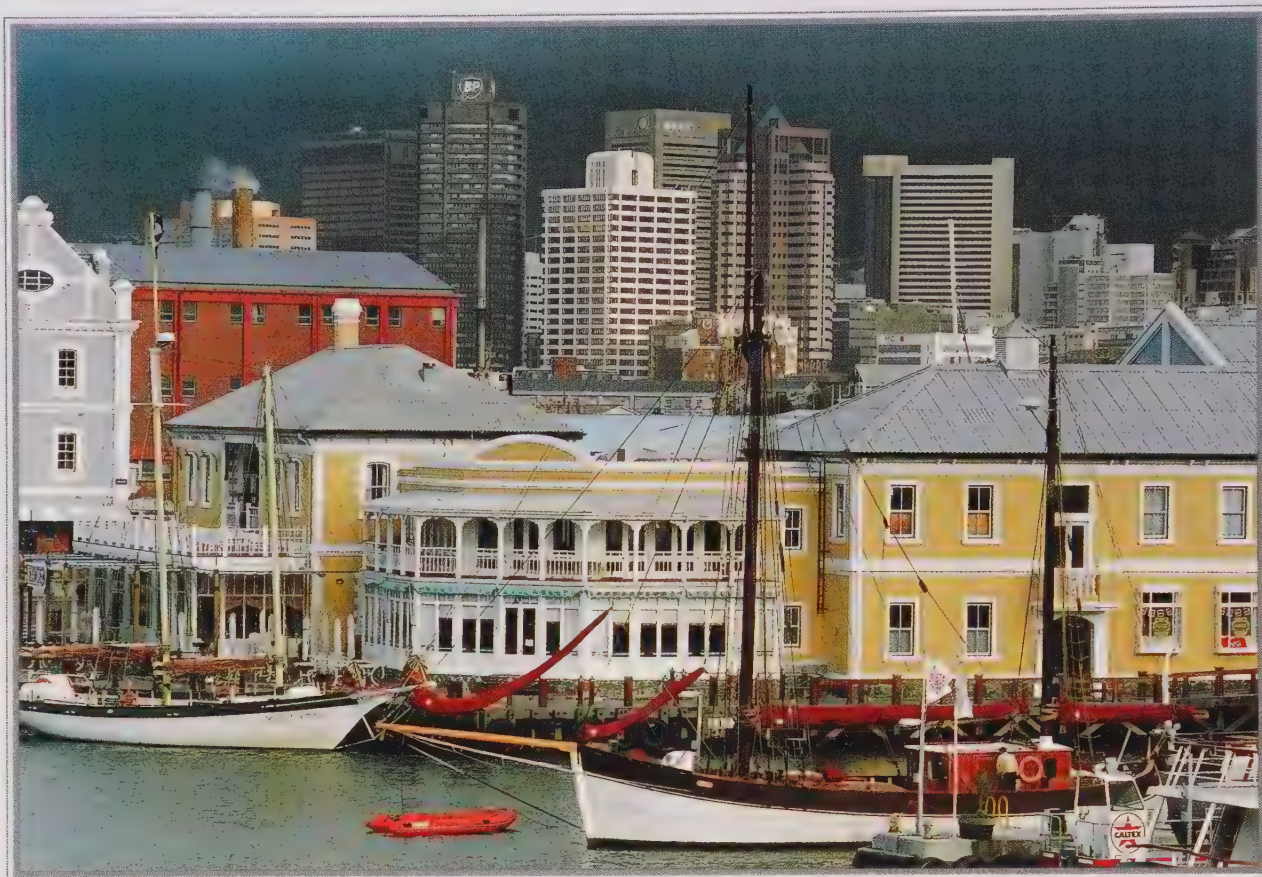
1 Statue of Cecil John Rhodes – 'Your hinterland is there.'

2 Traffic jams are not something this energetic beachgoer will have to worry much about.



2





Nobel prize winners like Sir Aaron Klug (Chemistry, 1982) and Alan Cormack (Medicine, 1979), both former students of the University of Cape Town, and famous heart surgeon, Christiaan Barnard, as well as bankers, dancers, artists and entrepreneurs.

From the Castle and the city bowl to the newest suburbs of the expanding city, Cape Town bears testimony to its eclectic past. So do the many delightful towns nestling in vineyard-filled valleys within comfortable reach of the city. Above all, Cape Town is a city of enjoyment; a place to sample delectable local seafood and spicy indigenous dishes, to savour a glass of award-winning wine on a beach at sunset,

or stroll at dawn along a misty mountain path. Few who have sampled its pleasures have failed to experience a nagging urge to return.



1 *The Waterfront, alive with the spirit of the modern city's marine past.*

2 *Deputy president Thabo Mbeki, left, and former deputy president FW de Klerk, right, shake hands as President Mandela looks on.*

3 *Fish Hoek, Glencairn and Simon's Town from the air.*

5



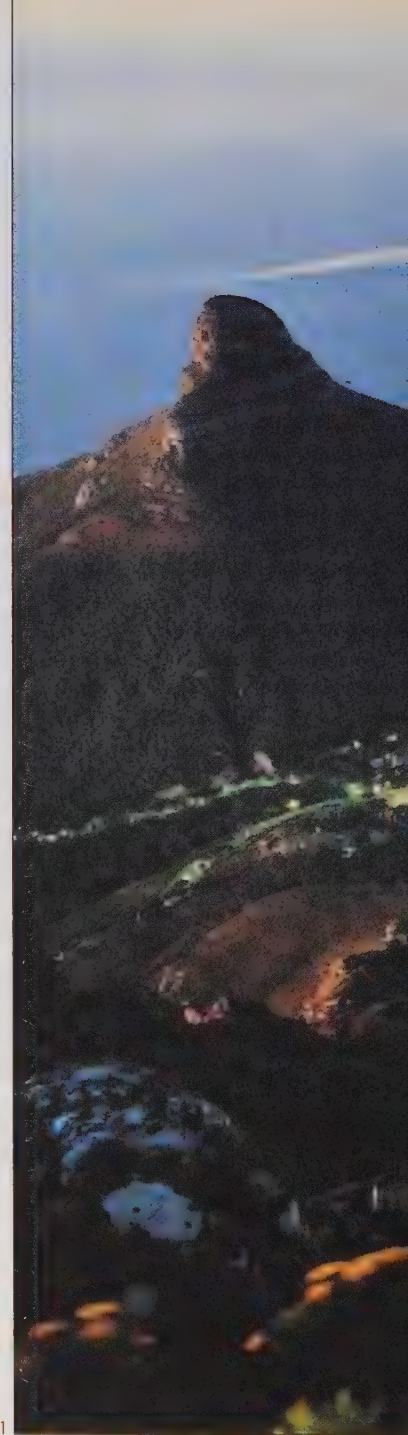
CITY BOWL



CRADLED IN THE lap of the mountain, the city bowl is the living heart of Cape Town, a panoramic amphitheatre where people live, work and play. A brilliant mass of glimmering lights after sundown, the bowl is home to scores of restaurants and night-spots that enliven night-time Cape Town and provide visitors with a tantalizing selection of evening entertainment.

Restaurants, hotels, nightclubs, guest houses – even a *shebeen* – make the city bowl one of the most convenient and lively centres for visiting tourists. And, as one of the richest historical quarters of the city, it holds clues to the toil as much as the splendour of the past. Grand homes in tree-lined avenues with the old slave quarters tucked behind, the fine museums and churches, all tell part of the story of Cape Town. And at the city's core is the imposing parliamentary complex, abutting the historic Gardens, which symbolizes Cape Town's place in South Africa's history, and South Africa's future. An increasingly futuristic line cuts the sky between the Gardens and the sea as the central business district – from which the regional economy is shaped and managed – reaches ever higher. Ultimately, it's the people of the city bowl, from bankers to barrowmen, who make it what it is. And even the *bergies* have their place. Like latter-day town-criers, shouting the odds rather than anything of civic importance, they remind the city of its essential Capeness. Without them, it wouldn't be the same.

- 1 The city bowl, a blaze of sequins at dusk.
- 2 Foreshore fountains shimmer in the sunlight.
- 3 Eduardo Villa's bright sculpture stands in curvy contrast to the sharp lines of the Civic Centre.
- 4 First settler Jan van Riebeeck casts a bronzed gaze across the modern cityscape.



1

2





3



4

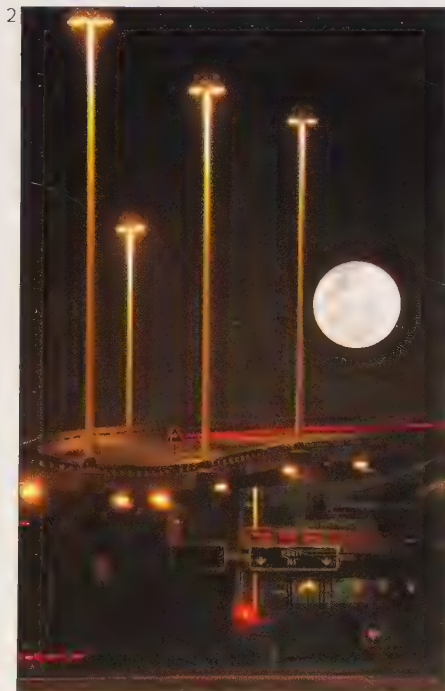
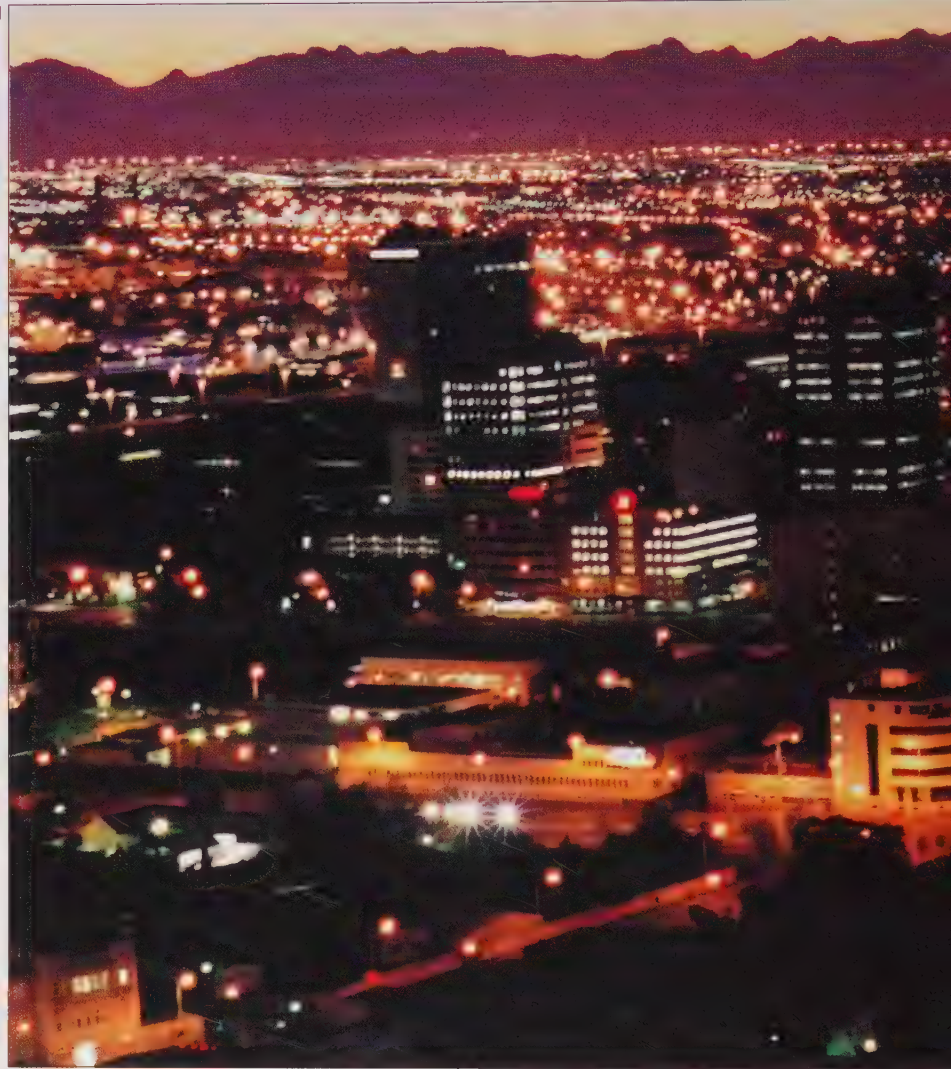


1 The city is a smoulder of lights at sunrise.

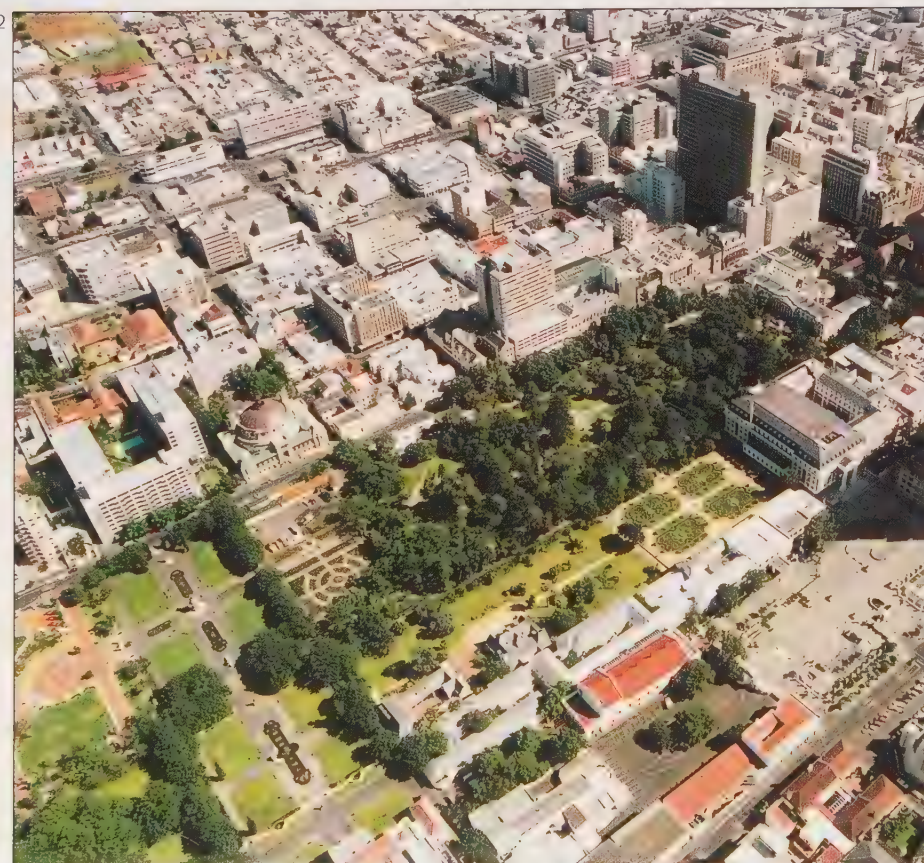
2 Like a huge balloon, the moon hangs low over the freeway.

3 Surrealism in the city – a half-moon rising alongside the clock tower of the City Hall.

4 Christmas brings a cheertul glitter to Adderley Street.

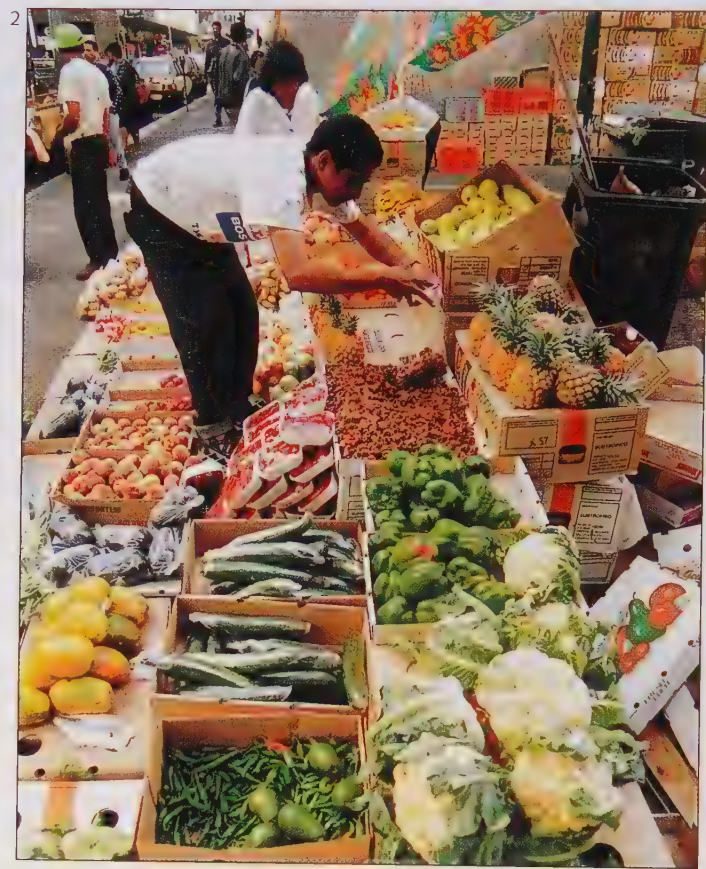


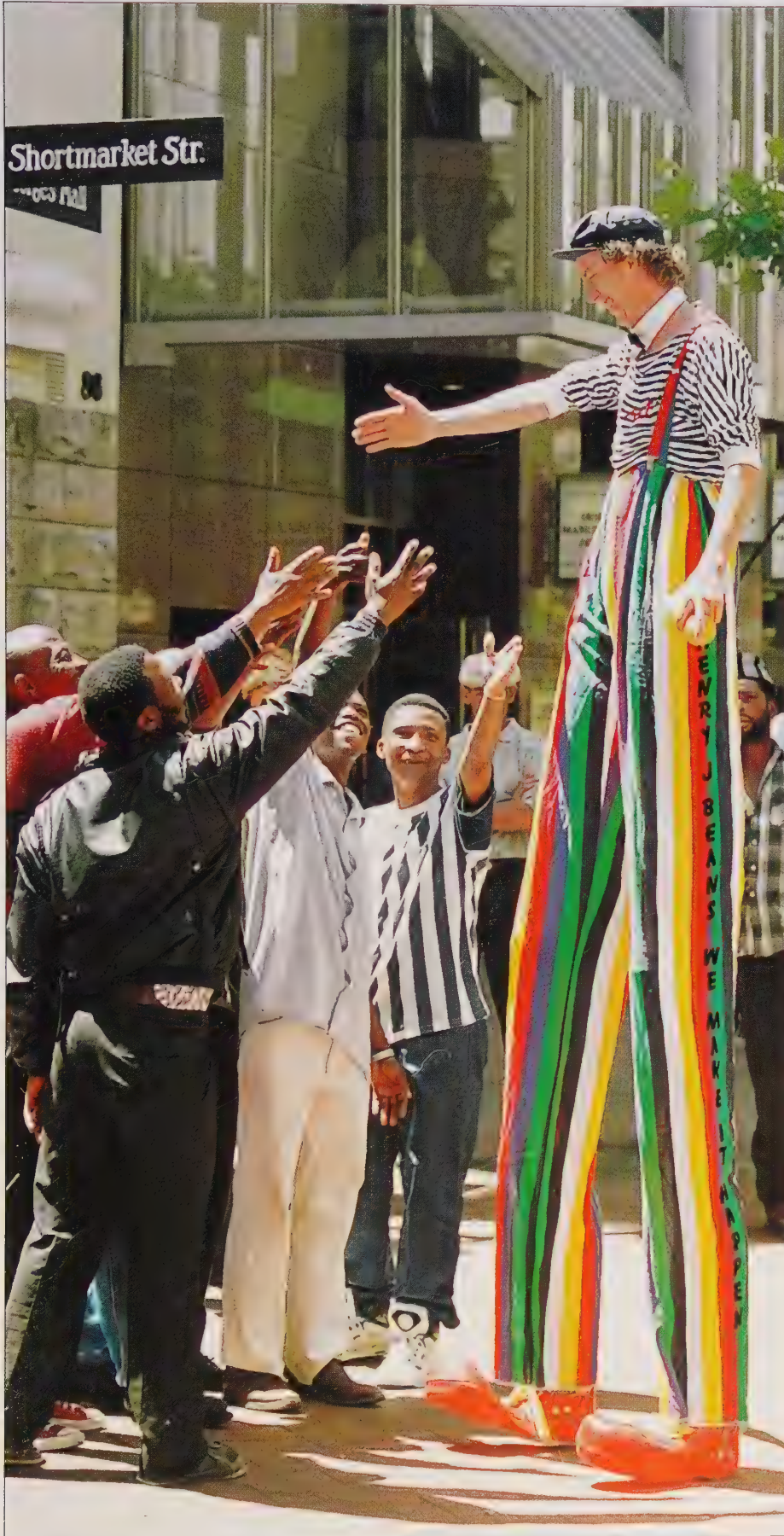




- 1 This turtle display in the Company's Gardens is a foretaste of the comprehensive collection in the SA Museum.
- 2 Leafy 'lung' of the city, the Gardens, traversed by Government Avenue, was where fresh produce for the Dutch East India Company's passing ships used to be grown.
- 3 Tuynhuys, the presidential complex adjacent to parliament.
- 4 President Nelson Mandela addresses parliament.
- 5 The President takes the salute prior to the opening of parliament.
- 6 The President's front door – Tuynhuys from Roeland Street.
- 7 The colonnaded façade of the old parliament building, facing Government Avenue.







1 Flower sellers turn Trafalgar Place into a feast of colour.

2 Pavement vendors proffer racks of vegetables and fruit.

3 Buskers delight passers-by and lunch-time diners.

4 The long and short of it – a street entertainer reaches out to the people of the city.

5 Mounted traffic police and their steeds meet some friends.

6 Money for music – a young violinist earns some coins.



3



1 Fine setting for a fortress – the view from the Castle's inner court.

2 Cape Town's pentagon – an aerial view of the first settler Jan van Riebeeck's castle.

3 The Castle's ceremonial guards.

4 Splendour of a bygone age – one of the beautifully restored rooms in the Castle.

5 The cobbled Castle gateway.

4



5



1 A kramat on the lower slopes of Signal Hill overlooks the Bo-Kaap and the city.

2 Framed by trees, the kramat of Sheik Abdul Hassan Ghaibe Sha stands just off the road that winds to the summit of Signal Hill.

3 Picnickers enjoy the spectacular panorama of the city and Table Bay from the summit of Signal Hill.

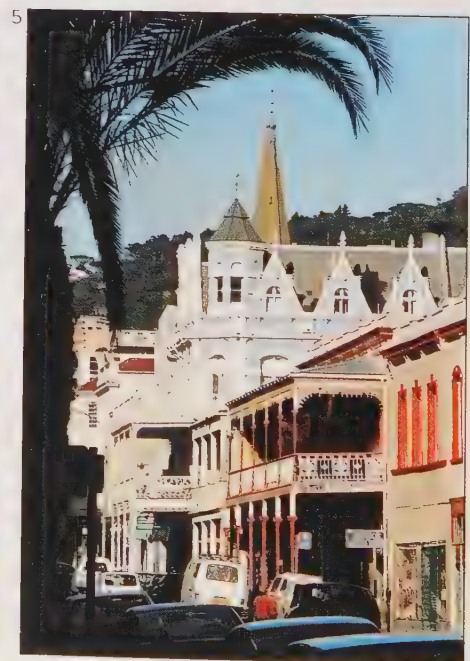
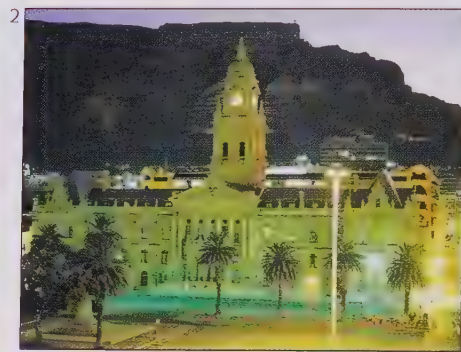
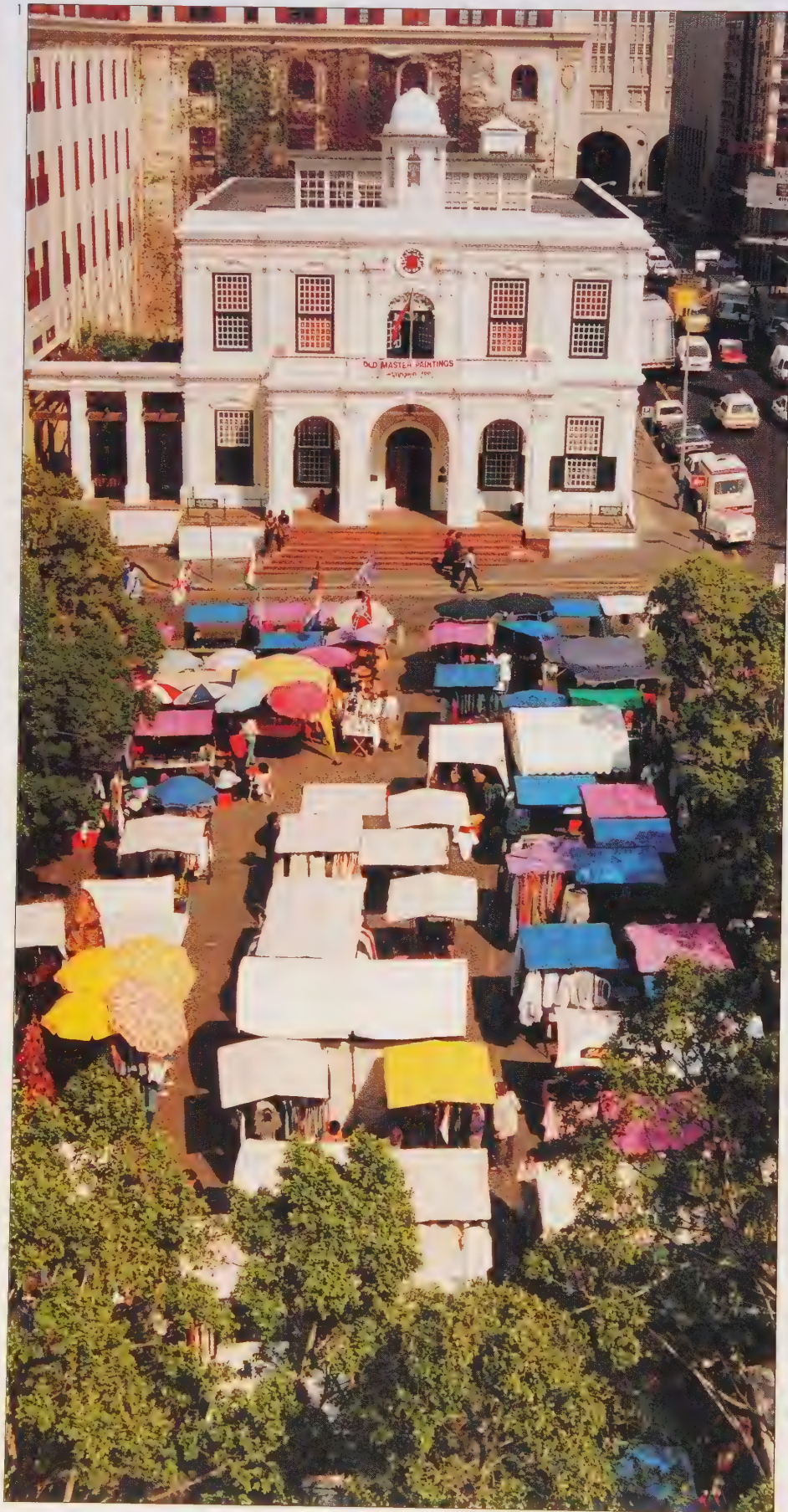
4 Naval personnel load the Noon Day Gun, fired daily with a thunderous boom over the city.

5 Restored cottages in the Bo-Kaap.

6 Goolam & Sons – one of the many little shops that serve the people of the Bo-Kaap.







6



- 1 Shaded stalls create a colourful mosaic in Greenmarket Square, with the old Town House in the background.
- 2 The clock tower of Cape Town's City Hall pierces the silhouette of Table Mountain.
- 3 Reflections of the city glimmer in a glassed walkway over Strand Street.
- 4 Leeuwenhof, the elegant residence of the Western Cape Premier.
- 5 The grand Victorian visage of historical Long Street.
- 6 Koopmans-De Wet Huys Museum in Strand Street.
- 7 Lonely remnant of what was District Six – the Moravian Chapel.

7



TABLE MOUNTAIN



THE INDIGENOUS KHOI inhabitants of the Cape called the huge, flat-topped slab of sandstone that towers dramatically over Table Bay and extends as the protruding backbone of the Peninsula down to Cape Point *Hoeri 'kwaggo* – ‘sea mountain’. It was only in 1503 that Portuguese admiral and navigator Antonio de Saldanha named it *Taboa do Cabo* – ‘Table of the

Cape’ – a name that has persisted down the centuries. Table Mountain is rightly acknowledged as one of the great natural wonders of the world, especially when its famous ‘table cloth’, a swirling mass of thick white cloud, is driven across its surface by a raging south-easterly wind before tumbling off the edges to dissolve in the warmer air of the city bowl below. But it is not only the mountain’s unique physical appearance which has conferred on it this status, however much climbers, hikers, rambblers and paragliders appreciate its challenging shape and size. It is also a biological wonderland, a floral showpiece that hosts an incredibly diverse plant life. Some 1 470 of the Peninsula’s 2 600 species are found on Table Mountain, and some of them – like the lovely silver tree and the beautiful but inaptly named Guernsey lily – occur naturally only here. There are numerous walks, hikes and climbs, and for the less fit or agile, the cable car offers an easy ride to the summit of the Western Table, which is only slightly lower than the highest point (1 113m) at Maclear’s Beacon on the Eastern Table. However you choose to enjoy the mountain, you will be rewarded with views comparable with the best in the world.

1 A spectacular panorama fans out below one of the new lookout platforms atop Table Mountain.

2 A blossoming of proteas enhances the dramatic backdrop of Lion’s Head and Signal Hill.

3 Tame rock rabbits, or dassies, beg from visitors at the top.





3





1 Tafelberg Road snakes along the lower slopes of Table Mountain as the new cable car, with its distinctive rounded appearance, makes its breathtaking descent.

2 After extensive redevelopment, Cape Town's cableway has resumed its place as a premier tourist attraction.

3 High above the city, Table Mountain reservoirs ensure a year-round supply of water.

4 The upper cableway station, firmly anchored in the rock at the summit.







2

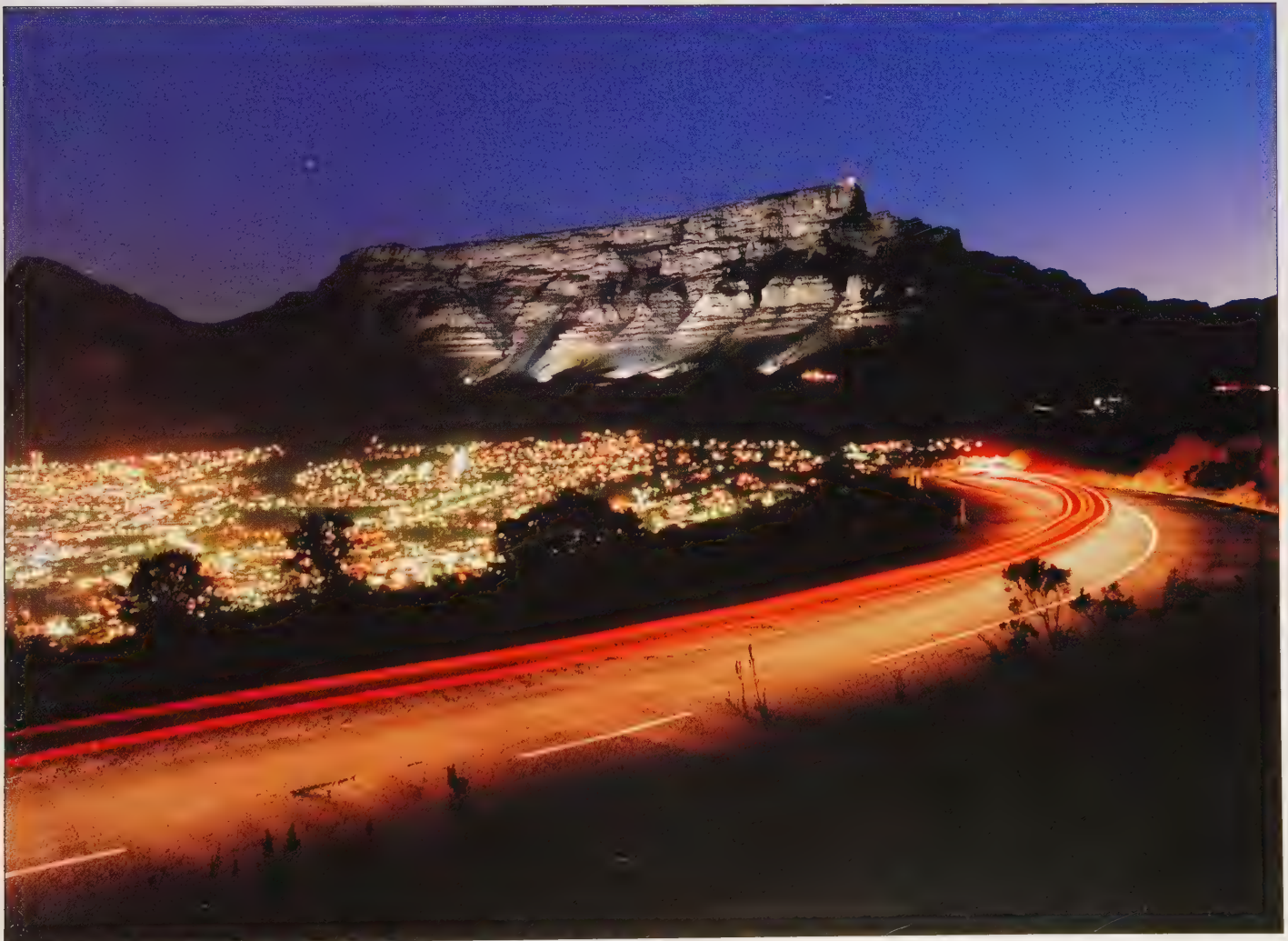


1 Table Mountain's sandstone cliffs offer some of the country's best rock-climbing opportunities.

2 A paraglider soars in silent flight over the Twelve Apostles.

3 A floodlit Table Mountain and a twinkling city bowl – the reward of a night drive along Signal Hill Road.

3



WATERFRONT



RE-ESTABLISHING CAPE TOWN'S link with the sea – once just a dream – has turned the city's historic dockland into a flourishing, internationally renowned centre of tourism and recreation. It is as popular among the people of Cape Town as it is among a steadily growing number of visitors. The Waterfront is a bustling, exciting reminder of Cape Town's origins, and, equally, a

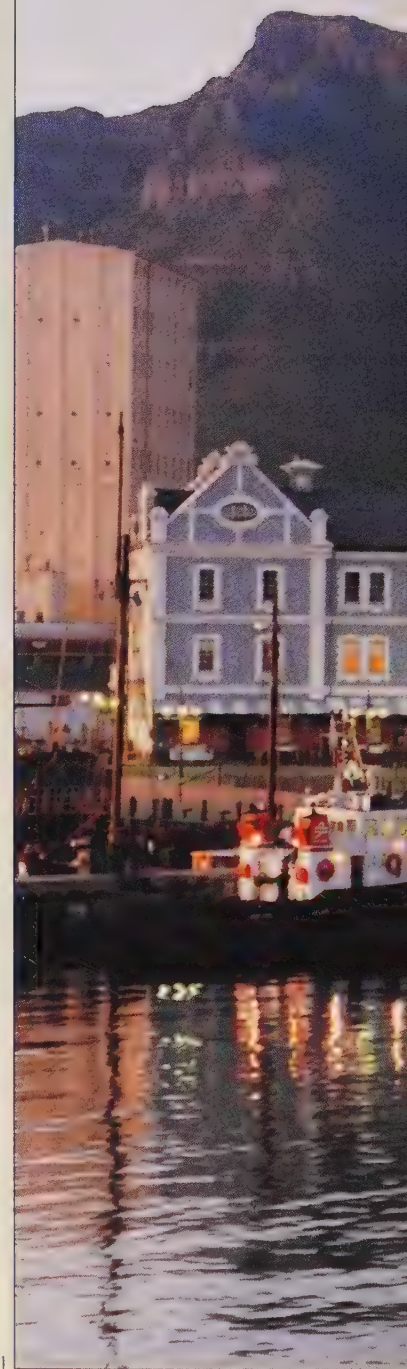
reminder of some less auspicious moments in the city's and the country's past. The point from which Nelson Mandela and scores of other political prisoners departed to banishment – and later returned with great joy – is at the heart of the Waterfront complex. Coffee shops, boutiques and book shops, a bakery, a brewery ... these are just some of the attractions and facilities that have made the Waterfront a must for tourists and a fine shopping precinct for city-dwellers. There are also theatres, cinemas, restaurants, *al fresco* performances of music from the classics to jazz, pubs, a maritime museum and one of the world's best aquariums, all taking advantage of the unique charm and historical ambience of the old harbour. Sailing trips into the bay and jaunts about the harbour in a cutter add to the attraction of re-living the city's maritime beginnings. And there is more to come. Extensive plans for new hotels, residential complexes, a yacht marina and office accommodation are part of a R2-billion, 15-year development project. If it's not the modern visitor's gateway to the city, the Waterfront is certainly one of the great getaways; a place brimming with pleasurable temptations.

1 *The Waterfront, South Africa's premier dockside leisure and business complex.*

2 *A trumpeter lends a carnival air to the bustling shopping centre.*

3 *Glimmering in the dusk, a brightly lit oil rig anchors off Robben Island waiting to be towed to a repair dock.*

4 *Song-and-dance 'coon' culture enlivens the quayside for the arrival of the veteran liner Canberra.*





3



4







1 Glittering reflections of the Victoria Wharf shopping complex.

2 Shops, stalls, cinemas and restaurants in the Victoria Wharf complex have proved a popular diversion for tourists and city residents.

3 At the ready ... the National Sea Rescue Institute's rescue boat.

4 The new, sleek Robben Island ferry moored at its Waterfront quay.



5



4

1 People throng the Waterfront at sunset in summertime.



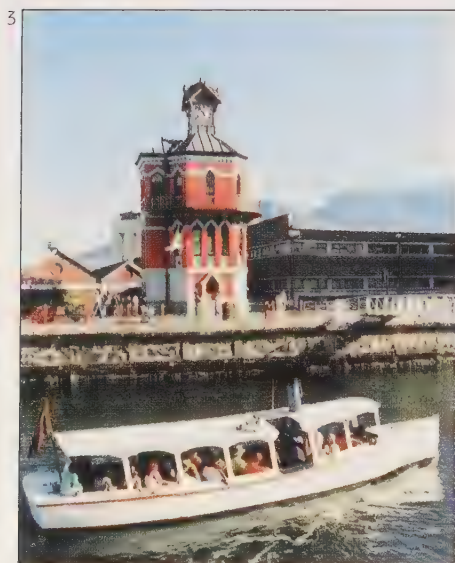
2 Planet Hollywood, one of the latest restaurants to open its doors at the Waterfront, with the skyline of the city edging ever higher in the background.



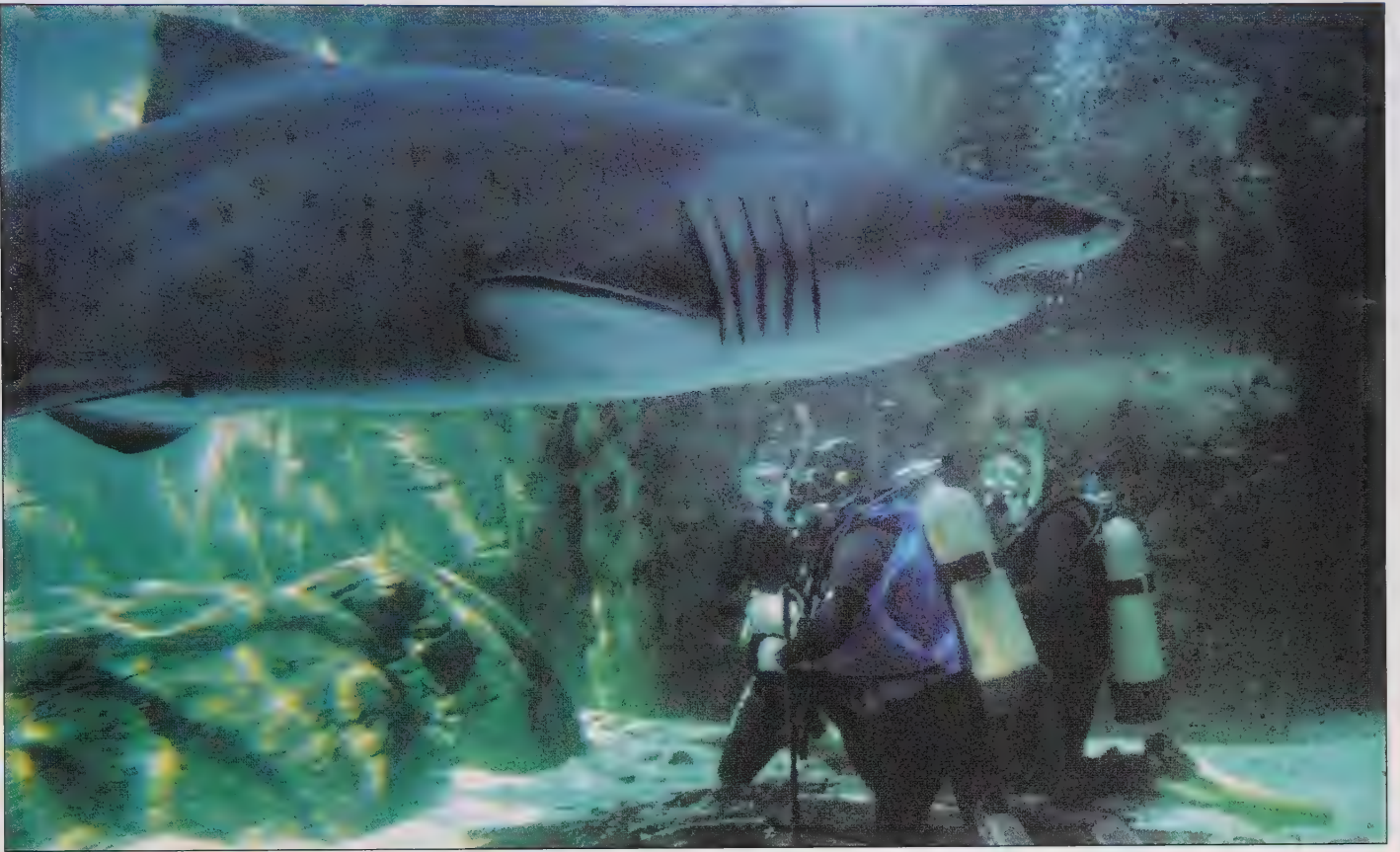
3 A steam-powered boat on a Waterfront cruise passes the restored clock tower, a maritime landmark of Victorian Cape Town.

4 Diving with sharks at the Two Oceans Aquarium.

5 Visitors to the Waterfront pack the new cantilever bridge spanning the old dock entrance.



4



5







- 1 The famous 'penny ferry' takes visitors across the entrance to the Alfred Basin. You can walk to the other side, but it's a long way round.
- 2 Seals soaking up the sun.
- 3 Dockyard oldie – the restored coal-fired tug, Alwyn Vintcent.
- 4 Dragon boat races at the Waterfront are a summertime favourite. The dragon boats were a gift from the people of Taiwan.
- 5 Appreciative crowds are drawn to the Cape Town Symphony Orchestra's outdoor summer concerts at the Waterfront's amphitheatre.
- 6 Pirate pranks – children play roles in an educational theatre workshop on the Waterfront during the holidays.



1 Officers and passengers from visiting ocean liners are given a colourful reception from welcomers in period costume.

2 Host to majestic liners ... the Sagafjord prepares to dock in Table Bay harbour.

3 The famous liner QE2 glides into port under an auspicious rainbow.

4 A visiting naval vessel casts a fine profile against the magnificent backdrop of Table Mountain.





TOURIST TRAILS



ENGLISH EXPLORER Sir Francis Drake enthused when sailing past the Peninsula's untamed shores in 1580, that 'this cape is a most stately thing and the fairest cape we saw in the whole circumference of the earth'. Since then, there have been many changes, but fortunately much of the Peninsula's natural grandeur and unsurpassed flora and fauna survive in nature reserves,

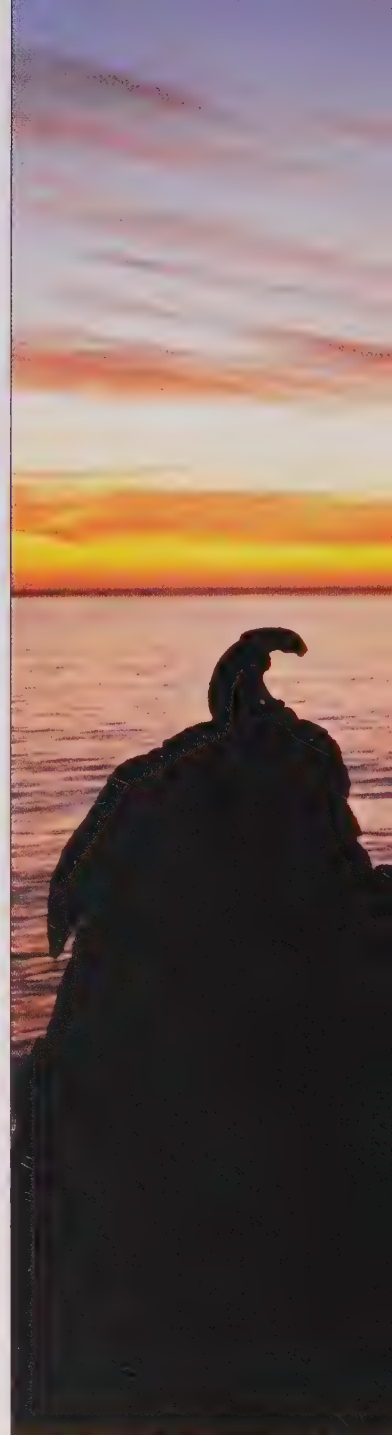
botanical gardens and sanctuaries. Kirstenbosch National Botanical Gardens, created in a sheltered natural amphitheatre beneath the spectacular backdrop of Castle Rock, is a floral showcase that shouldn't be missed. Cape Point, at the tip of the Peninsula, lies in the wild and beautiful Cape of Good Hope Nature Reserve. There are numerous white beaches around the Peninsula, some of which – like Clifton and Sandy Bay – have achieved world fame. Watch the many species of water birds going about their business on the tranquil waters of Rondevlei Nature Reserve and you may be rewarded with a glimpse of one of this sanctuary's growing hippo population. But it's not only the natural environment that is of interest – much of the urban environment is also of great aesthetic beauty and deep historical significance, such as former Dutch governor Simon van der Stel's gracious homestead and farm at Groot Constantia, or the memorial to mining magnate Cecil Rhodes on the slopes of Devil's Peak, or colourful fishing boats moored in the picturesque fishing harbours of Kalk Bay and Hout Bay. At almost every turn there is something to delight the visitor in a city of fascinating diversity and splendour.

1 Hout Bay's famous leopard sculpture stands guard over the bay at dusk.

2 The king protea – South Africa's national flower.

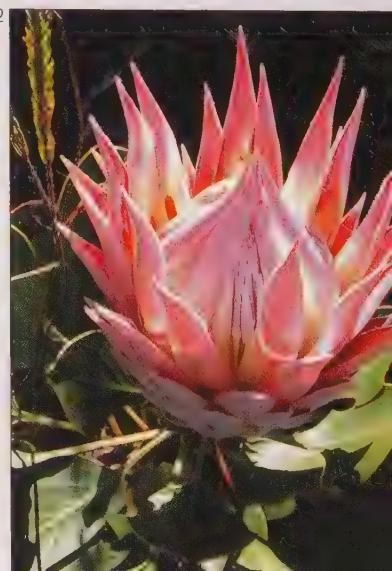
3 Fresh grapes! A vendor digs deep into his pocket for change.

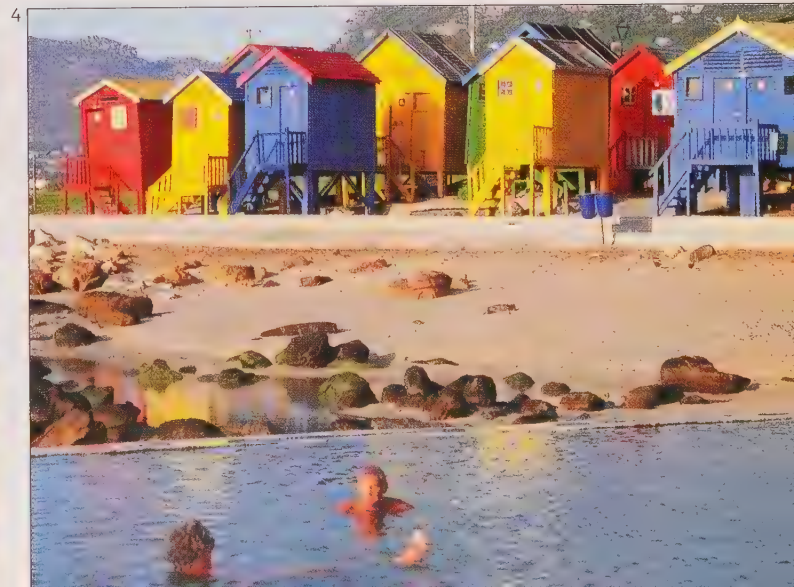
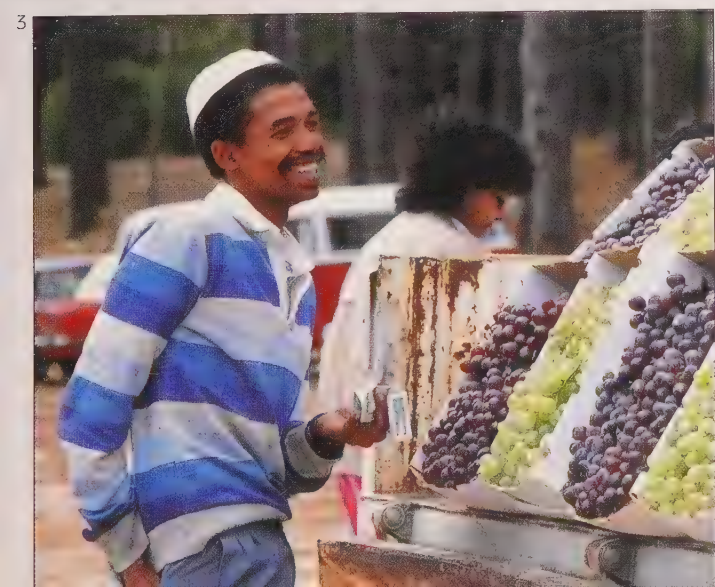
4 Once the playground of the wealthy, St James beach is now a family favourite.



1

2





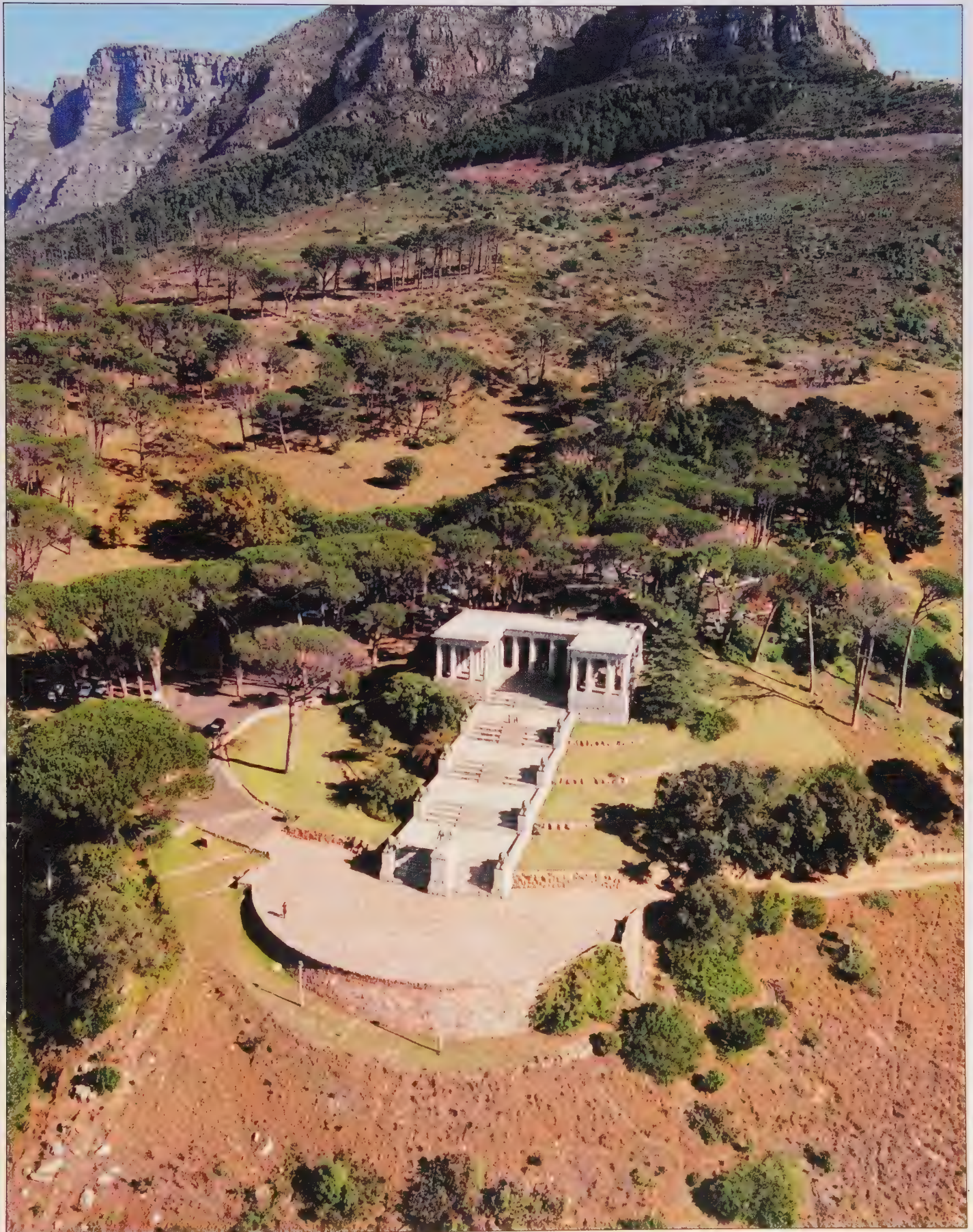


1 The impressive statue Physical Energy, by GF Watts – a key element of the Herbert Baker-designed Rhodes Memorial.

2 Historic Mostert's Mill, dating from 1796, is the only remaining windmill of the many that existed in colonial times.

3 Plains zebra are kept on the Rhodes Estate as part of a unique experiment to re-create the long-extinct quagga.

4 Rhodes Memorial dominates the pine-clad slopes of Devil's Peak.







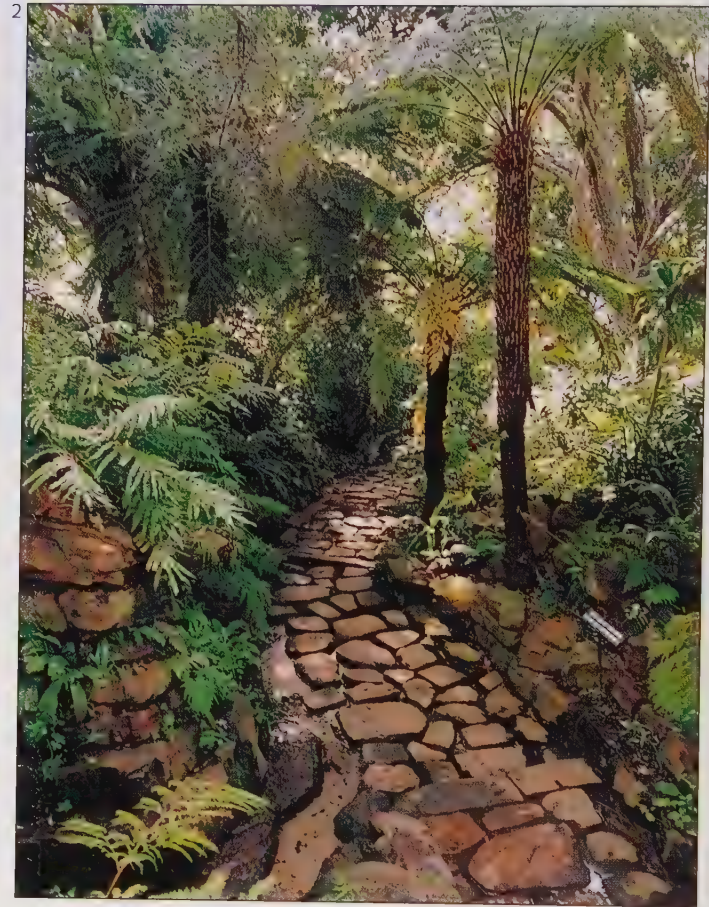
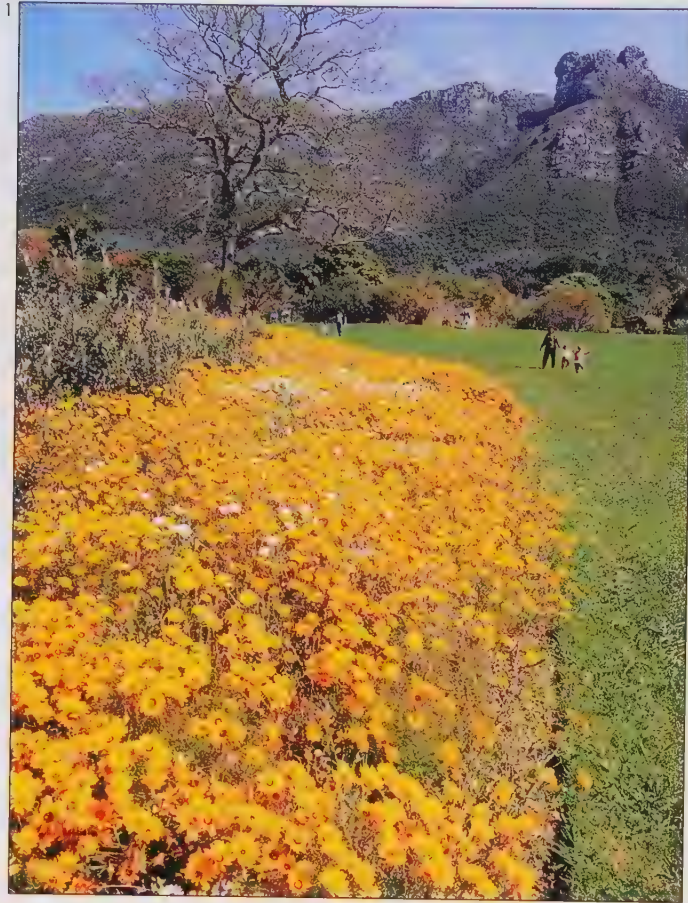
1 New buildings mingle with old at the famous Groote Schuur Hospital below Devil's Peak.

2 The University of Cape Town's upper campus on the eastern slopes of Devil's Peak.

3 Historic Josephine Mill on the banks of the Liesbeeck River at Newlands dates from the 1840s.

4 The waterwheel at Josephine Mill, restored to full working order by mechanical engineering students at the University of Cape Town.

5 The University's Baxter Theatre complex in Rondebosch.





1 Spring, and Kirstenbosch Botanical Gardens put on their finest show.

2 Tree ferns shade the stone path leading to Colonel Bird's bath in the gardens at Kirstenbosch.

3 Visitors come from all over the world to admire the floral splendour at Kirstenbosch.

4 A large crowd gathers at Kirstenbosch for the singing of Christmas carols by candlelight.

5 A quiet and peaceful moment of contemplation in the leafy splendour of Kirstenbosch gardens.





3



1 The painstakingly restored wine cellars behind the manor house at Groot Constantia.

2 Horse-drawn transport from a more leisurely era in the museum at Groot Constantia.

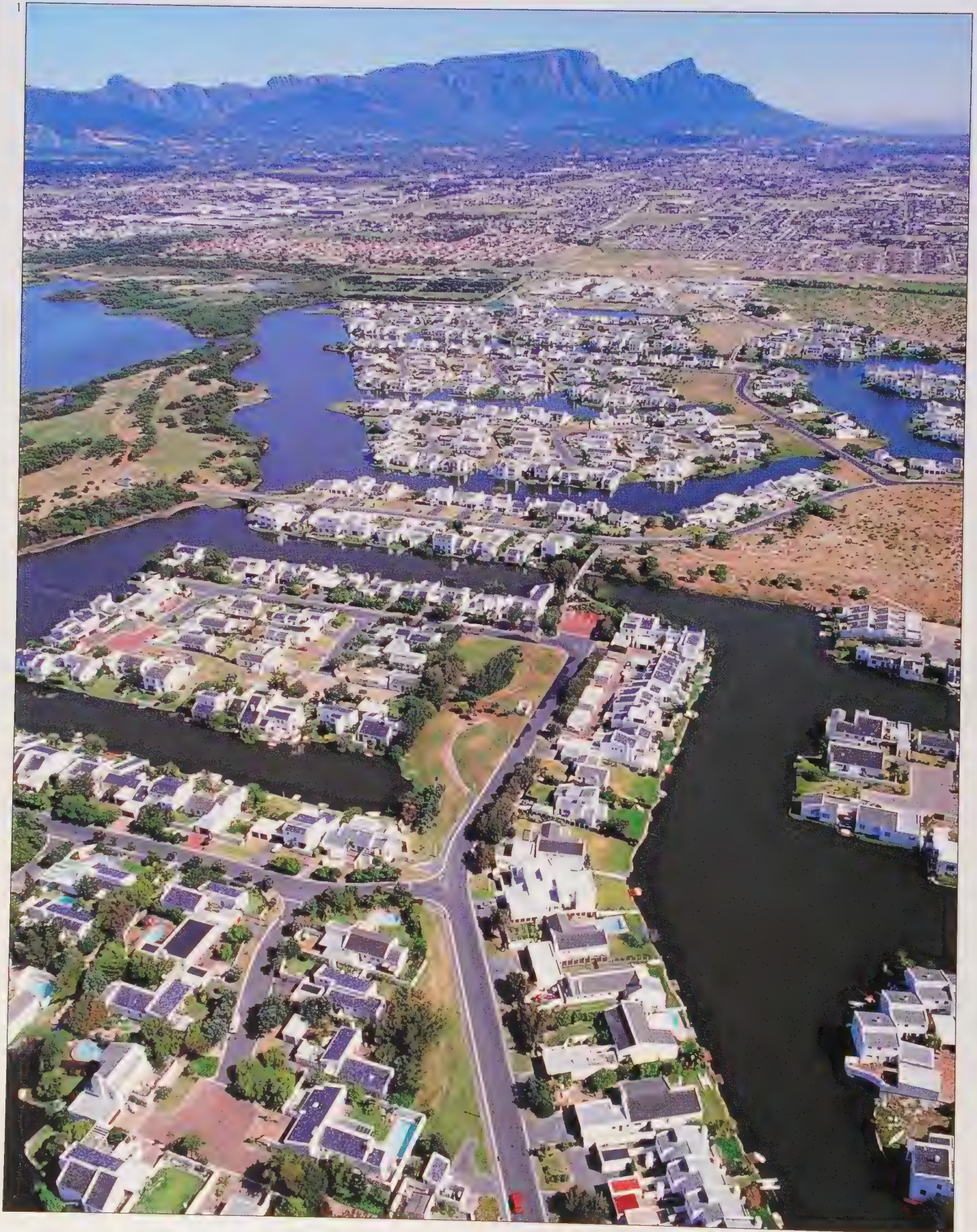
3 The imposing Cape Dutch manor house at Groot Constantia, built for Governor Simon van der Stel in 1685.

4 A fine show of Oakhurst farm grapes in the Hout Bay valley.

.....

4





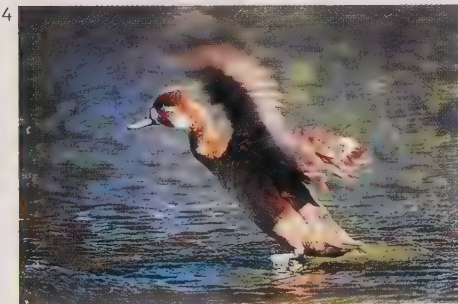
1 The Marina da Gama complex, developed around Sandvlei at the coastal town of Muizenberg.

2 Members of the small herd of hippos, re-introduced to Rondevlei Nature Reserve on the Cape Flats. Early hunters shot this species to extinction locally.

3 Fascinated children watch the action at Rondevlei from a well-positioned bird hide.

4 With beating wings, a wild bird takes off from Rondevlei.

5 Ungainly pelicans, now greatly reduced in number, stand on the water's edge at Rondevlei.





1 Muizenberg offers safe bathing and lots of entertainment.

2 Young sun-worshippers find shelter from the wind behind Muizenberg's gaily painted bathing booths.

3 Not for the faint-hearted! The water slide at Muizenberg is a popular attraction for visitors.

4 Up, up and away – youngsters temporarily defy gravity on a swing at the Muizenberg beachfront.

5 The protected fishing harbour of Kalk Bay nestles below Trappies Kop, while in the background the Fish Hoek valley stretches away towards the Atlantic Ocean.

6 The walkway between St James and Muizenberg has become a favourite spot for anglers.

5



6





1 SAS Drakensberg, the Navy's modern supply ship, on manoeuvres in False Bay.

2 Naval personnel commemorate the memory of Just Nuisance, the Great Dane that captured the heart of Simon's Town and visiting sailors during World War 2. The statue in his honour stands on the town's Jubilee Square.

3 The sheltered bay of Simon's Town provides secure anchorage for naval ships and pleasure craft.

4 Jackass penguins – sometimes visited by unlikely friends – have made themselves at home and established a breeding colony at Boulders Beach, Simon's Town.

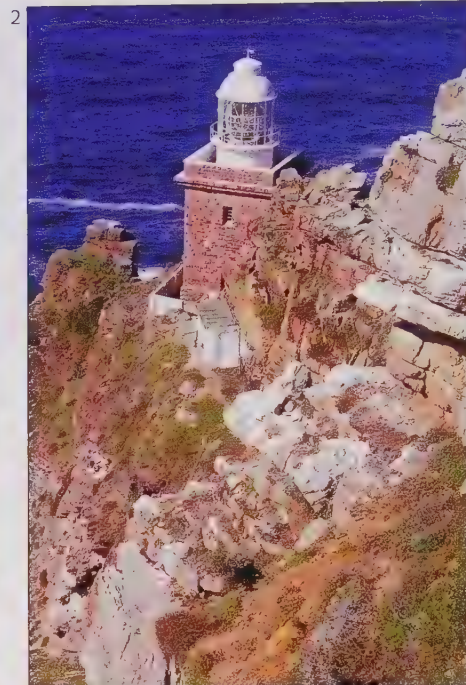


3



4





1 Visitors toil up the steep stairway to the vantage point of the old lighthouse at the summit of Cape Point.

2 The 'new' lighthouse was built much closer to the water's edge, as cloud frequently obscured the beam from the older beacon.

3 The graceful bontebok with its characteristic white blaze stands watchful in the Cape of Good Hope Nature Reserve at Cape Point.

4 A chacma baboon and her offspring contemplate life in the Cape of Good Hope Nature Reserve.

5 The Cape Point promontory – the most southwesterly point of Africa, which early mariners mistook for the tip of the continent. It points a rocky finger across False Bay.

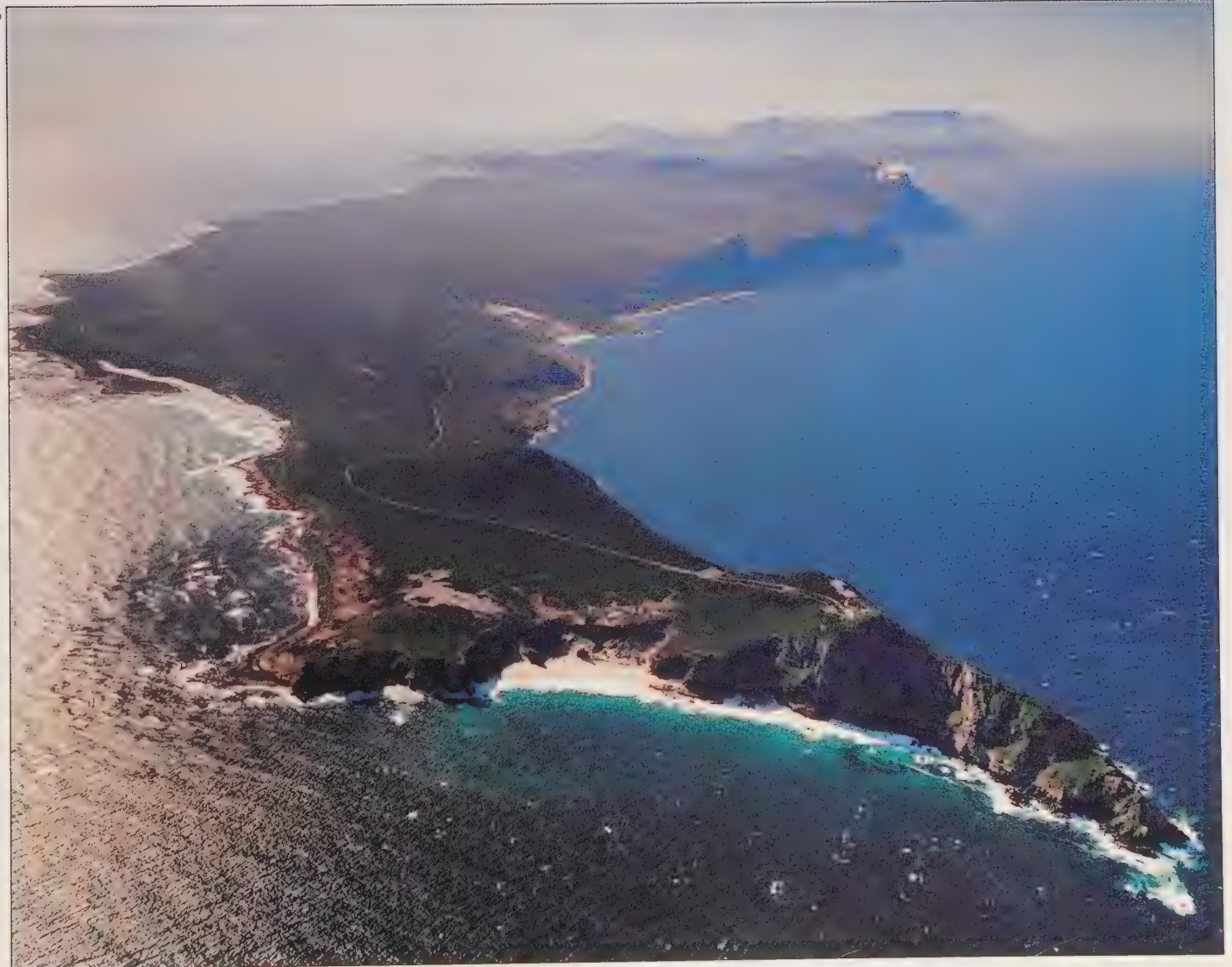
3

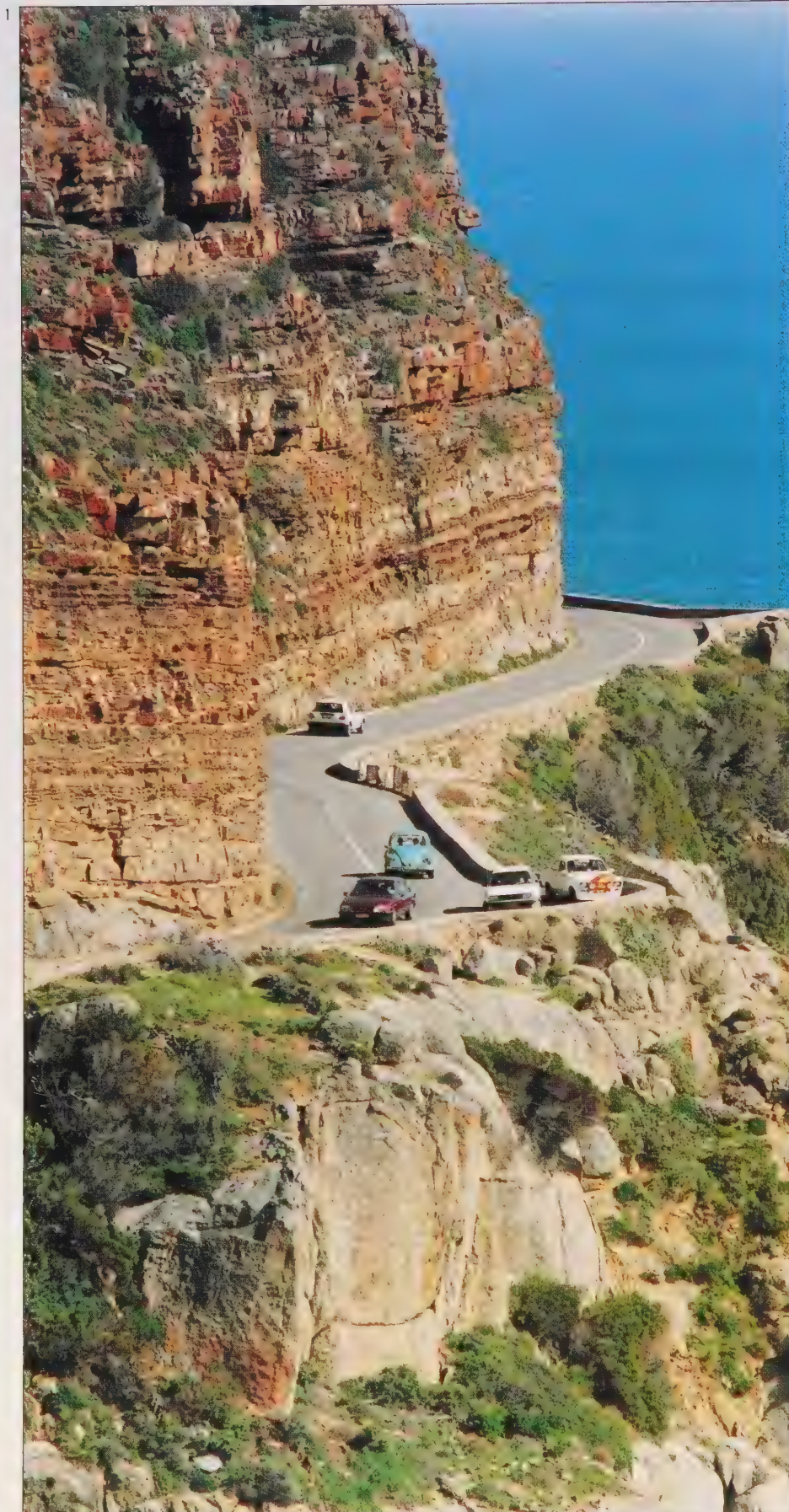


4



5





1 Chapman's Peak Drive winds between Hout Bay and Noordhoek, offering scintillating views.

2 An ibis, one of scores of bird species which can be viewed at close quarters at Hout Bay's famous World of Birds.

3 A launch takes visitors from Hout Bay to Seal Island for a close-up view of the seals.

4 A fisherman unloads his silvery haul during the annual snoek run along the Atlantic seaboard.

5 Hout Bay harbour – a busy fishing port which is also home to many yachts and other leisure craft.

6 A converted navy minesweeper lies moored next to smaller craft in Hout Bay harbour.

5



6





1 In high summer the sparkling sand of Clifton's famous Fourth Beach disappears beneath a sea of gaily coloured umbrellas.

2 Speed, agility, a good eye and a great body – these are the essential ingredients for a successful game of beach bats at Clifton.

3 Clifton's lovely bikini girls have acquired an international reputation, perhaps matched only by those on Ipanema at Rio de Janeiro.

4 Competitors strain every muscle in the race for a baton during a life-saving competition on Clifton beach.

5 Late afternoon shadows creep across the sand, leaving just enough time for one more game of volleyball before sunset.





1 *Twilight – the early evening lights twinkle in the waters of Three Anchor Bay on the Atlantic seaboard.*

2 *Strollers are silhouetted by the sunset as they enjoy the evening air on the popular promenade between Sea Point and Mouille Point.*

3 *The delicately coloured grey and white plumage of Hartlaub's gulls belies their greedy nature as they scramble for scraps provided by beachfront bird-lovers.*

4 *Sunshine, cloud, wind or rain – fitness enthusiasts exercise along the Sea Point beachfront in all weather and at all times of the day.*

5 *The historic Green Point lighthouse with its powerful foghorn stands contrasted against a beachfront office block.*

3



4



5





1 Robben Island's grim history as a place of incarceration for political prisoners and a leper colony is set to change. The prison is to be phased out and a peace institute introduced in its place.

2 The words of the old entrance board to the island had an ironic meaning for the thousands of prisoners who passed beneath.

3 Historic buildings on Robben Island have been restored.

4 The island's most famous former prisoner – Nelson Mandela – demonstrates how he worked in the quarry during his imprisonment.

5 The tiny Anglican church – built in the days when the island was a leper colony.

6 A gun emplacement dating from World War 2.



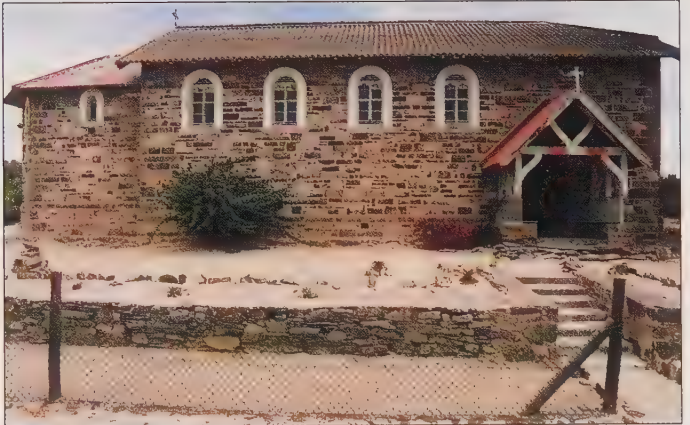
3



4



5



6



RAINBOW PEOPLE

JUST AS THE Peninsula boasts a landscape of contrasts, so its people reflect Cape Town's multi-hued heritage, an enriching amalgam of cultures and creeds that has deservedly earned it the 'rainbow people' label. The tolerance of today's melange belies the hostility and, often, misery that characterized the early contacts between settlers and indigenous people, and between early South Africans and later arrivals. Yet, one way or another, the people of the Peninsula came to know each other, and the result is a cosmopolitanism so rich and varied that it's often said of Cape Town that it is not *really* Africa. There was no such doubt in the minds of Van Riebeeck and his crew in 1652, though their arrival was an event that, socially and politically, turned southern Africa upside down. The indigenous people were the first to feel the effects. As the victualling station grew and the Dutch settlers established their new domain, they brought in slaves. Religious upheaval in Europe spurred an influx of Huguenots. Later, the Cape of Good Hope assumed strategic importance, and attracted imperial attention – the British conquest brought fresh influences and more settlers. Refugees from Nazi Europe, and, later, Communist Europe, added to the mix. And the latest cultural and social infusion of significance followed the scrapping of influx control in the mid-1980s. Now the Cape's rainbow people are ruled by their own rainbow government, chosen in democratic elections some three centuries after the arrival of the first colonists. They are a people constantly growing in diversity at this exciting crossroads of the world.



1

1 Cape kaleidoscope ... part of the crowd at a political rally on the Grand Parade after South Africa's first non-racial elections.

2 Presidential pastiche: printed cloth bearing Nelson Mandela's face has proved popular among his supporters

3 Beaming flower sellers brighten the city's streets.

4 Face of the rainbow nation ... a rugby fan supports his team loyally during a match at Newlands.

2





3



4





1 A young member of the United Hebrew Congregation reads from sacred scriptures.



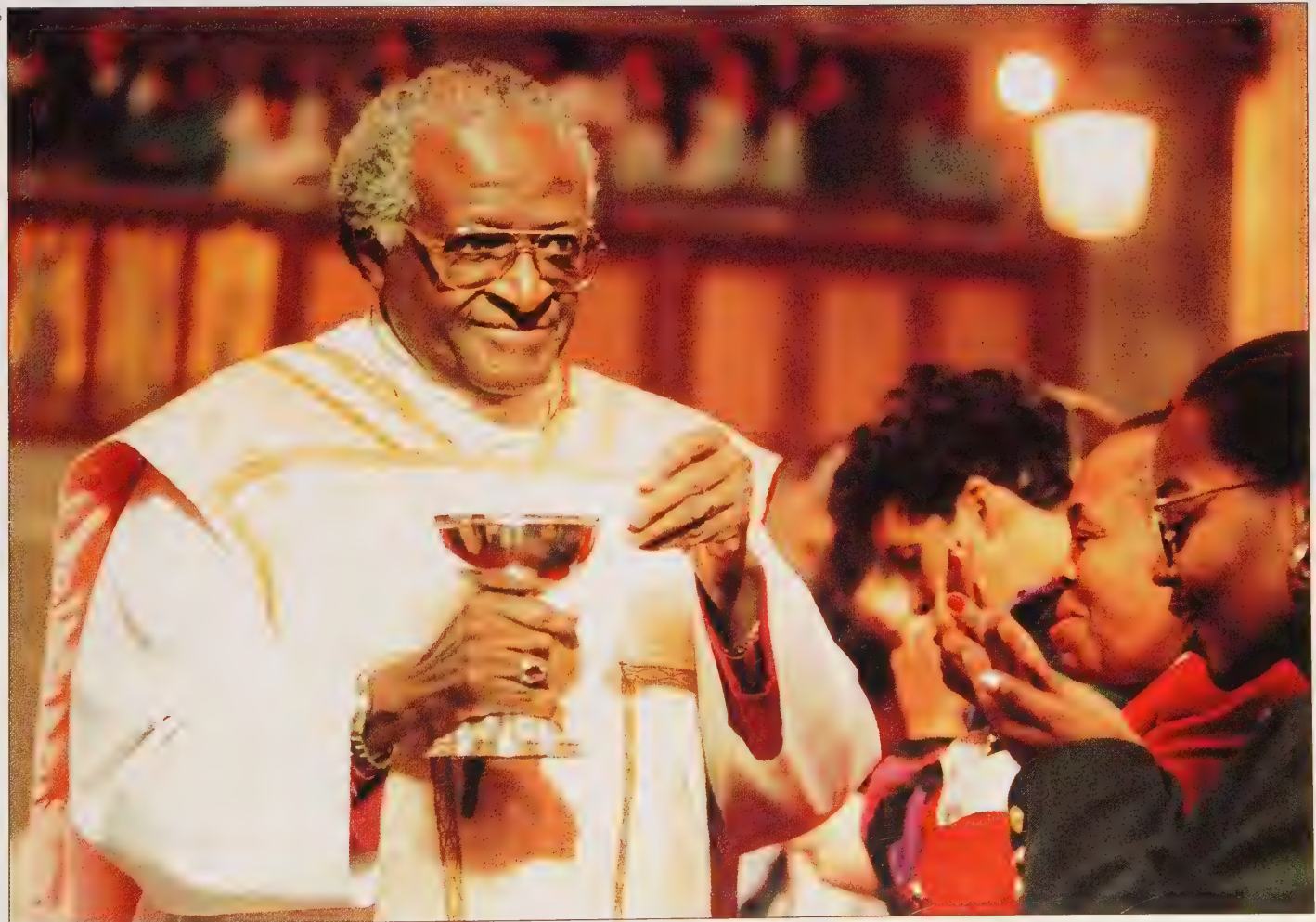
2 Hindus walk in procession during the annual festival of Diwali.

3 Devout Christians prepare for a total immersion baptism at Princess Vlei on the Cape Flats.

4 Moslems bow in prayer on the lawns at Three Anchor Bay after the sighting of the new moon, heralding the end of the fast of Ramadan.

5 Anglican Archbishop Desmond Tutu officiates at a communion service in St George's Cathedral.







1 A marimba player at Greenmarket Square gives it all he's got.

2 Showtime delights.

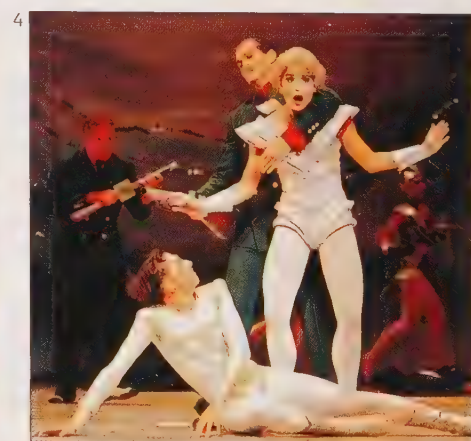
3 Cape musical satyryst and song-writer David Kramer enjoys an impromptu session with fellow music-makers.

4 Dress rehearsal of a new ballet comedy, *Sylvia*, at the Nico Theatre Complex. Cape Town has a resident dance company, with a permanent choreographer and full orchestra.

5 Ancient and modern combine artfully in the work of these young dancers from the School of Classical and Contemporary Dance in Guguletu.

6 With tassels flying, the popular Langa song and dance troupe Amampondo rehearse for a show at the Baxter Theatre complex.

7 Brightly decked 'coons' are a colourful feature of the Cape's New Year celebrations.



5



6



7





1 *Busy seamstress – a self-made tailoring business in one of the many townships.*

2 *From T-shirts to irons, it's all on offer at this roadside 'store'.*

3 *Cabbage-laden vegetable harvesters in Philippi.*

4 *Rite of passage – a shy Xhosa initiate crosses the highway on his journey to manhood.*

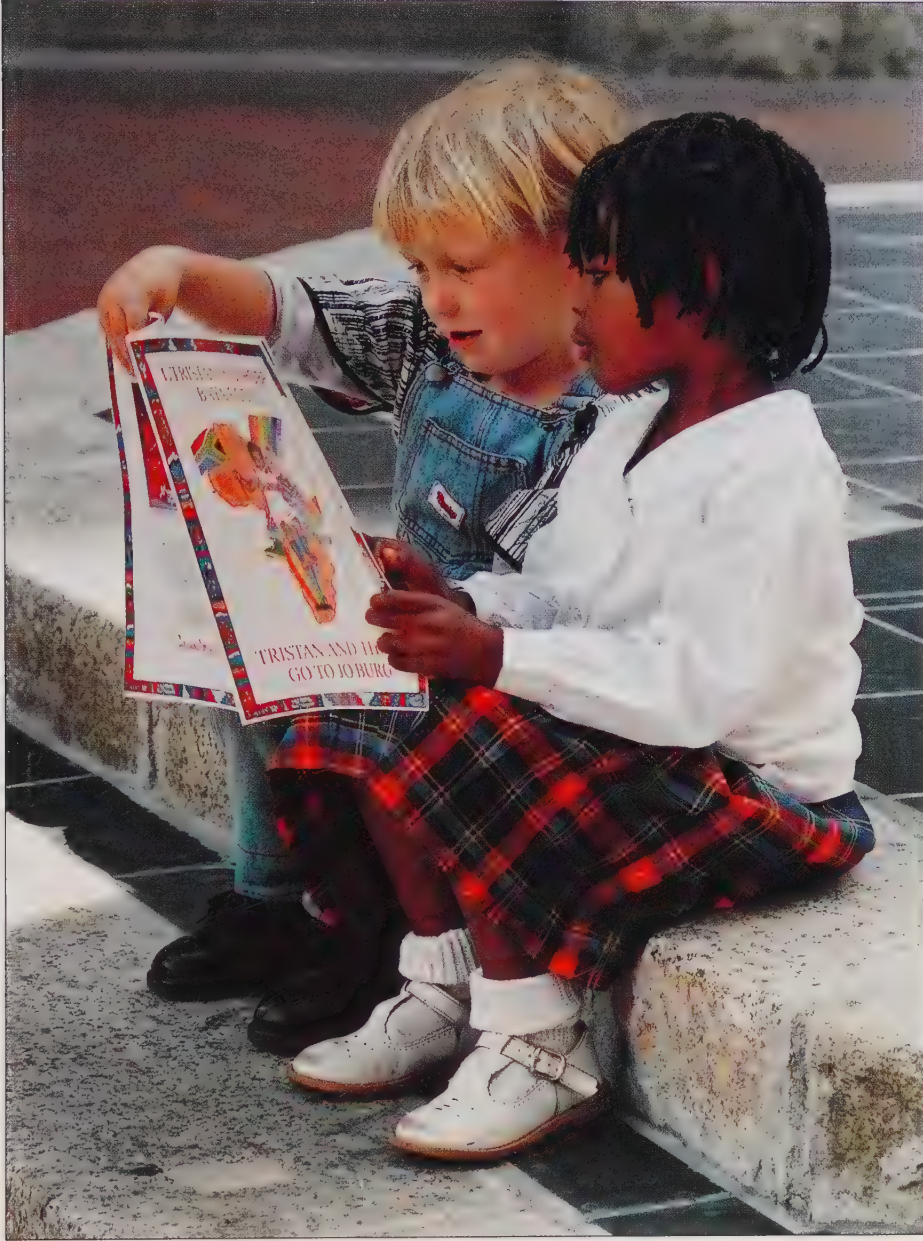




- 1 Any excuse for a fancy dress party – children from Khayelitsha dress up for a Guy Fawkes party.
- 2 A class of primary-school boys, desk-bound and attentive.
- 3 Two young children perch on the kerb to share a peek at a book.
- 4 President Mandela stoops for a private chat with a shy young girl.
- 5 A crisp salute from a smartly attired marching majorette.
- 6 After undergoing tribal initiation ceremonies these young men, swathed in blankets, walk home.
- 7 Mitchell's Plain children skipping in the street.



3



4



5



6



SPORT AND RECREATION

CAPE TOWN IS more richly endowed with opportunities for sport and recreation – on land and sea and in the air – than most other cities in the world, offering fun and action in an atmosphere which encourages enjoyment and relaxation among citizens and visitors alike. From the huge stadia of Newlands – leafy core of the Peninsula's cricket and rugby passions – and the football headquarters at Hartleyvale, Cape Town's sports catalogue offers as wide a spectrum as any sports enthusiast could wish for. There's angling – including wonderful spots for the increasingly popular sport of fly-fishing – and shooting, archery, riding, climbing and paragliding. The Cape also offers sailing and boating on sheltered lakes and lagoons or on windswept oceans – or the excitement of surfing, board-sailing and paddle-skiing off some of the most spectacular beaches in the world. World-class gymnasia and shimmering beaches compete for the attention of the active at weekends. For those who prefer a more leisurely pace, there are matchless walks in the mountains, along the coast, and in the forests of the Peninsula. To those for whom physical activity is merely a precursor to more stimulating pursuits, Cape Town offers magnificent galleries and museums, libraries, theatres and cinemas – and coffee shops, for after-words.

1 Fleet-footed Brazilian soccer star 'Bigu', playing for the home team Cape Town Spurs, heads a ball away from a Pretoria City challenger during an exciting match at Athlone Stadium.

2 Glistening with sweat, runners in the Two Oceans marathon pace themselves for the haul ahead.

3 A spectator's colourful face shows his emotion – and depicts the side he supports!

4 The moment of triumph for Springbok flyhalf Hennie le Roux in a game against England at Newlands







1 With flags aflutter, there's no doubt which team these spectators are rooting for.

2 Full house ... an excited capacity crowd was on hand for the start of the Rugby World Cup at Newlands, home of Western Province rugby.

3 Springbok scrumhalf Joost van der Westhuizen breaks away from a scrum in the first Rugby World Cup match, South Africa vs Australia, held at Newlands.

4 First try of the Rugby World Cup came after a spectacular lunge by Australian captain Michael Lynagh.

5 Hefty Springbok number 8, Adriaan Richter, is stopped in his tracks in the Rugby World Cup match against Romania.



3



4



5





- 1 Springboks last bowler Jamie de Vries is 'bowled' in a game against New Zealand at Newlands
- 2 Bright as the day – night cricket at Newlands has become a popular feature of sport at the Cape
- 3 Critical moment of delivery – the star bowler Waadit Youngs in action against the Springboks during a test match at Newlands
- 4 Springboks last bowler Craig Matthews charges in
- 5 A spectator raises her binoculars to witness play at the action
- 6 The rest of summer – spectators take pleasure at a night cricket match at Newlands

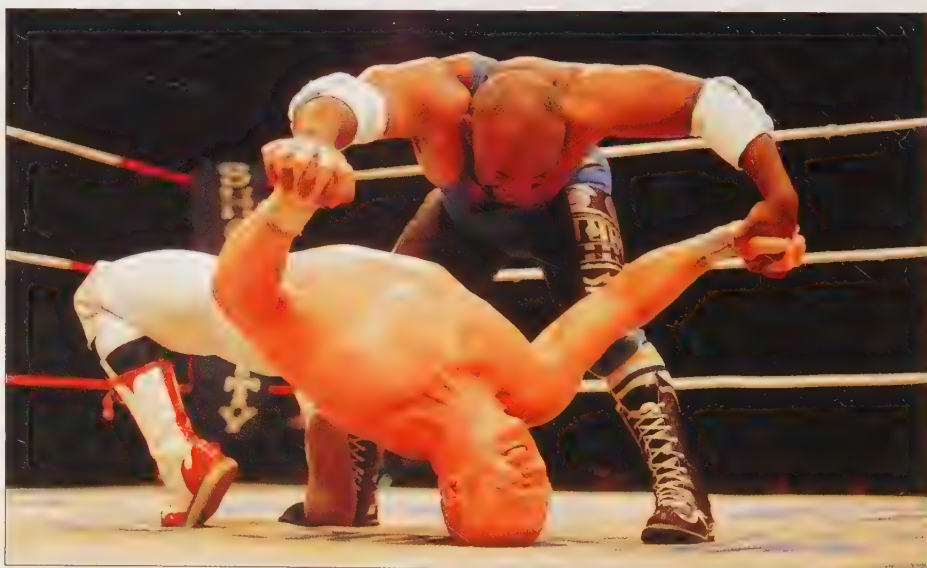






1 Mark Cameron, South African middleweight champion, meets his match during a demonstration for township children.

2 The agony and the ecstasy ... a winner, and a loser, in the wrestling ring at the Good Hope Centre





3 In a blaze of colour, horses gallop to the finish-line at Kenilworth Race Course in the Southern Suburbs.

4 Punters don their finery for a major race at Kenilworth.

5 Leggy trio dressed for the weather on race-day.

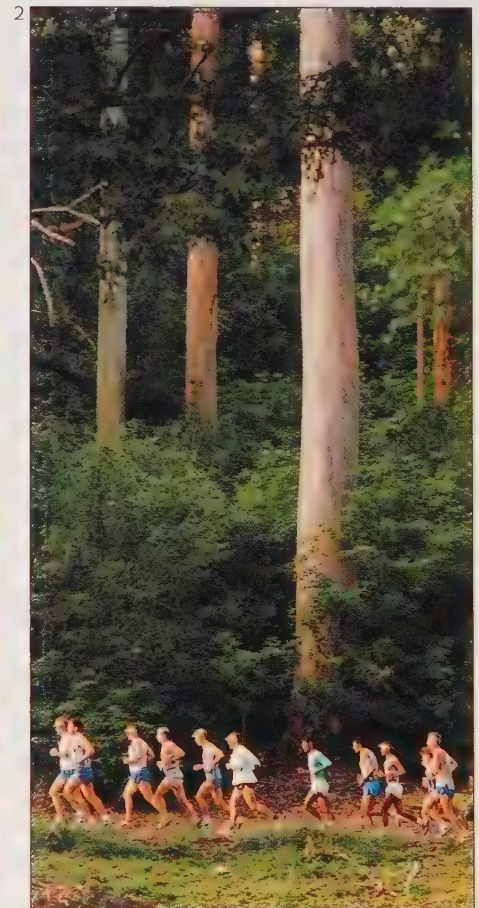


1 Gunning for a win ... thousands of entrants swarm ahead at the start of the popular The Argus-Seeff Gun Run half-marathon.

2 Dwarfed by the giants of Tokai Forest, competitors in a cross-country race head for the finish.

3 A runner pits himself against the speed of a steam train in the Paarl to Franschoek train race.

4 Roadside sustenance proves to be a temptation for an entrant in The Argus-Seeff Gun Run half-marathon.

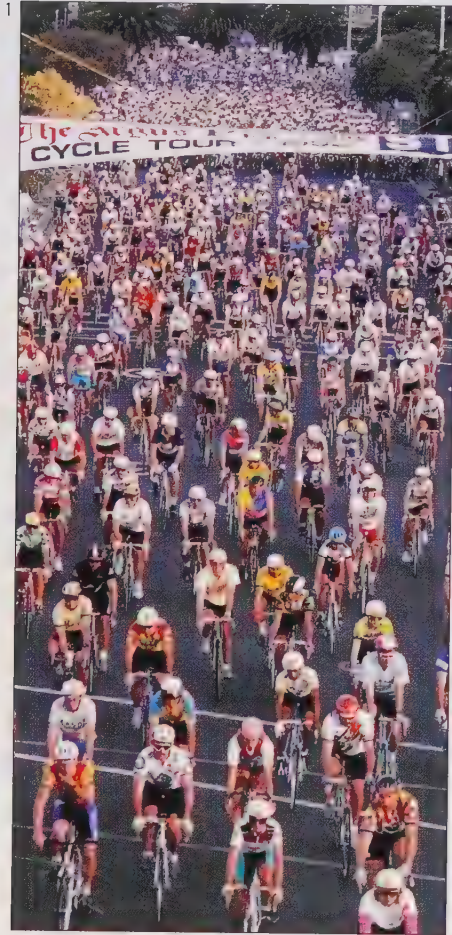


3



4





4



1 And they're off – cyclists head off from the start in the 107-km The Argus-Pick 'n Pay Cycle Tour.

2 The very picture of triumph – cyclist Willie Engelbrecht expresses delight at winning the gruelling Cycle Tour.

3 Cyclists get a welcome spray from an on-looker on the exhausting Suikerbossie leg of the race.

4 The Hout Bay leg of the cycle tour offers competitors a panorama of ocean and mountain splendour.

5 It goes with the territory – cyclists pass a distracted chacma baboon who appears to have scant interest in the two-wheeler challenge.

5







1 Streaking through the breakers at a championship event held at Blouberg.

2 Surf's up, and so is the surfer. The Cape has some of the finest surfing beaches in the world.

3 Cleanly slicing their own reflections, competitors paddle for the finish in the Western Province double canoe championships at Sandvlei.

4 With spinnakers ballooning ahead of them, two contenders vie for an early advantage at the start of the Cape to Rio yacht race from Table Bay.

5 Speedsters of the surf – rubber duck craft leap at the breakers during inter-provincial championships in Table Bay.

WINE ROUTE



IT WAS TO the great good fortune of the Cape of Good Hope that when the Huguenots fled persecution in France in the late 1600s, some of them sailed southwards and rooted themselves – and their vines – in southern African soil. It was not easy for those early French settlers. Conditions were no doubt different from those to which these wine-masters were accustomed, but

it did not take them long to firmly establish the industry in the aptly named Franschhoek valley, and elsewhere. Today, however, the flourishing wine industry of the Western Cape bears testimony to their skills and to the perseverance and artistry of successive custodians of the wine-making heritage. Wine is a notable foreign-exchange earner and a premier export product. But it is also a source of delight to Peninsula residents and visitors. The Cape's famous wine routes provide some of the city's finest all-season excursions offering wine tasting, elegant picnic lunches in historic gardens, farm stalls and the scenic delights brought about by the change of seasons. Nothing quite matches the sight of autumnal oaks topping the purpling vineyards, and the grand, grey-blue mountains soaring skyward beyond them. And on a crisp summer evening watching the sun set – or on a misty winter's day in front of a crackling fire – there is nothing quite like a good glass of wine and good company on an old, leafy estate.

1 Autumn vines and oaks form a gilded backdrop to the Grand Roche Hotel in the Paarl winelands.

2 Stellenbosch University student Liesl Kemp with baskets of grapes ready to be loaded into the old wine press at the world-famous Nederburg Estate in Paarl.

3 A Franschhoek farmstead nestles among grand old trees, in the heart of the vineyards that have made the valley famous.

4 Harvesting is still done manually on many estates.



1

2





3



4





1 Another load for the wine presses – a familiar autumn scene on Cape wine farms.

2 Mammoth vats in the cavernous KWV cathedral cellar in Paarl.

3 Coopers at work near Du Toit's Kloof. Local coopers use French oak to make barrels for Cape wine.

4 Cellar workers at Kanonkop Estate stir the freshly pressed grapes, or must, before it is filtered.



5 Boschendal Manor House, crisply white against the dark hues of vineyards, oaks and mountains.

6 The cannon that gives Kanonkop its name was fired to let local farmers know when ships needing provisions had arrived in Table Bay.

7 The dappled gateway to the famous Nederburg Estate Manor House. The estate has been producing wines for more than 200 years and has won more than 900 international awards.



5



6



7





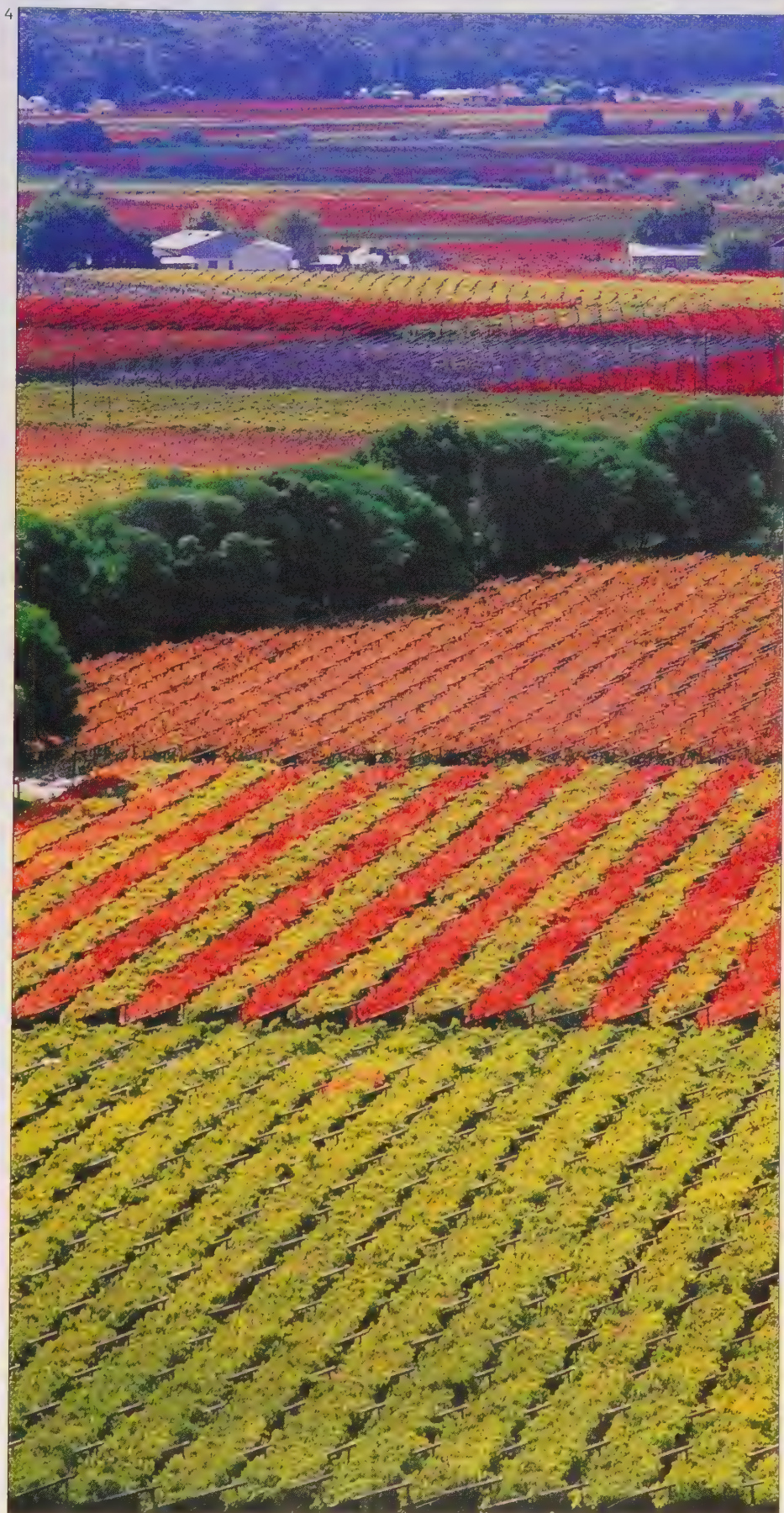


1 The splendour of autumn – a sea of burnished vineyards turns these Cape mountains into islands.

2 Neatly pruned vines ready to drop their autumn leaves.

3 Fresh produce is on sale at farm stalls, like this one, all along the wine route.

4 Golden vineyards have a geometry all their own in this autumnal view over the Hex River Valley.



A DAY AWAY



THE TOURIST BROCHURES state proudly that the Cape is 'a Cape for all seasons'. And with good reason. Drive out of the city and into the Boland or along the Peninsula's coastline, and you will be overwhelmed by a variety of images. Choose the right season, from late August to early November, and you can watch southern right whales put on a spectacular show

along the southern Cape coast – particularly in Walker Bay at Hermanus. In high summer, mature oak trees provide a cool, dappled shade along the streets of historic towns like Stellenbosch, Paarl and Franschhoek, where national monuments are the order of the day and centuries-old water furrows still channel streams to private gardens. In the nearby countryside, elegantly proportioned Cape Dutch farmhouses with their characteristic gables stand proudly amid neat vineyards that glow red, orange and yellow in the clear autumn sunshine. On the West Coast, there are white-washed Cape cottages with thatched roofs, and painted fishing boats upturned on the beaches, while each spring this region is transformed into a floral wonderland as carpets of flowers emerge from the seemingly drab veld. Further inland, spectacular mountain passes have been carved through the high, fynbos-clad Cedarberg, where leopards still roam in the wild kloofs and heavy snowfalls on peaks provide a sparkling white backdrop during winter. Drive out for a day, and then go out again and again, for the Cape is blessed with a seemingly endless variety of delights.

1 Like pieces in a vast puzzle, the vineyards and orchards, and the snaking N1 leading to the Huguenot Tunnel, are pieced together in this aerial panorama of the Paarl Valley.

2 Paarl's historic Rietdak Church, one of many fascinating old buildings in the region.

3 The Oude Pastorie in Paarl, with the granite slopes of Paarl Rock in the background.

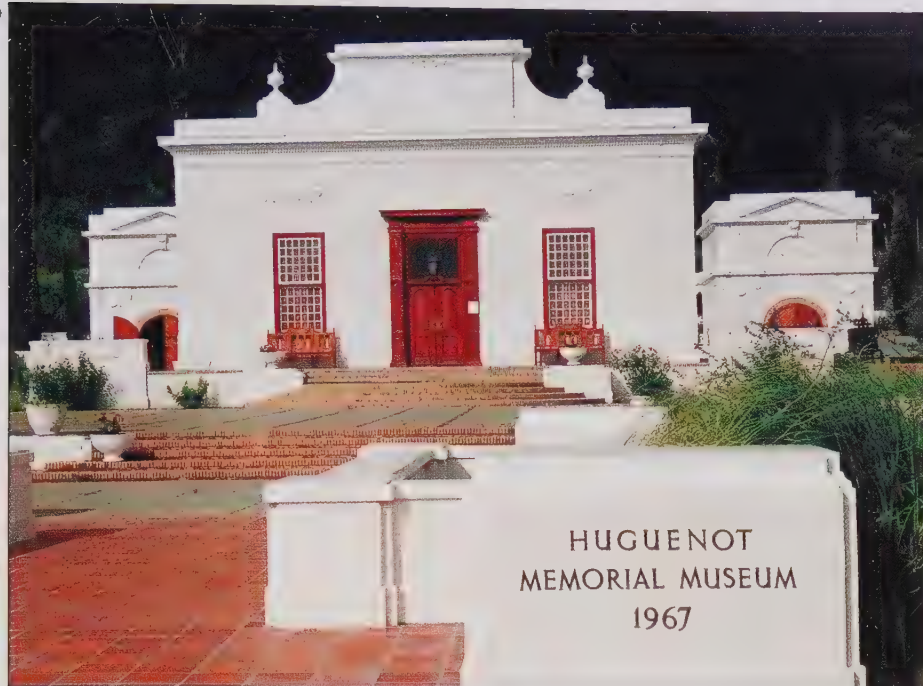






- 1 The Afrikaanse Taalmonument, commemorating the language, pierces the clear sky above Paarl.
- 2 The imposing Dutch Reformed Church in Paarl, one of the town's many historic landmarks.
- 3 Blossoms herald the spring in an orchard in Paarl.
-

4



4 The French connection – the Huguenot Memorial Museum in the village of Franschhoek.

5 Erected in 1938, the Huguenot Monument, also in Franschhoek, marks the 250th anniversary of the arrival of the first French settlers.

5







1 A graceful Victorian building in Stellenbosch's historic Dorp Street.

2 Oom Samie se Winkel, a favourite stop for visitors to Stellenbosch.

3 Students at Stellenbosch University show their colours at a rugby match.

4 and 5 If it weren't for these characterful scarecrows, this strawberry field in the Stellenbosch valley would be stripped of its fruit.

6 The put-putting modernity of tractors hardly intrudes on the tranquillity of the winelands.



1 An entrepreneurial crocheter makes the most of the Strand promenade. In the background is the town's new waterfront development.

2 and 3 The popular Firlands Amusement Park at the base of Sir Lowry's Pass offers miniature train rides, a colourful 'ethnic village' and many other diversions for visitors.

4 The yacht harbour at Gordon's Bay.

5 The Vergelegen Manor House near Somerset West, and its magnificent gardens, graced by ancient oaks.

6 Steenbras Dam, in the Hottentots Holland mountains behind Gordon's Bay, is a vital water source for the entire Cape metropolitan area.



4



5



6





3



4



1 A carpet of colour – the splendour of Namaqualand spring flowers.

2 Mule rides at the Club Mykonos resort on the shores of Langebaan on the West Coast.

3 A gannet, landing gear out, swoops down to join the flock on an island in Lambert's Bay harbour.

4 The art of ancient ancestors ..
Bushman rock-paintings in a cave
in the Cedarberg.

1 and 2 The delights of trout fishing in the Smalblaar River that traverses Du Toit's Kloof.

3 High jinks in the snow in the Ceres mountains, an annual, chilly treat.

4 Double vision – the splendid, snow-capped Ceres mountains reflected in a farm dam.

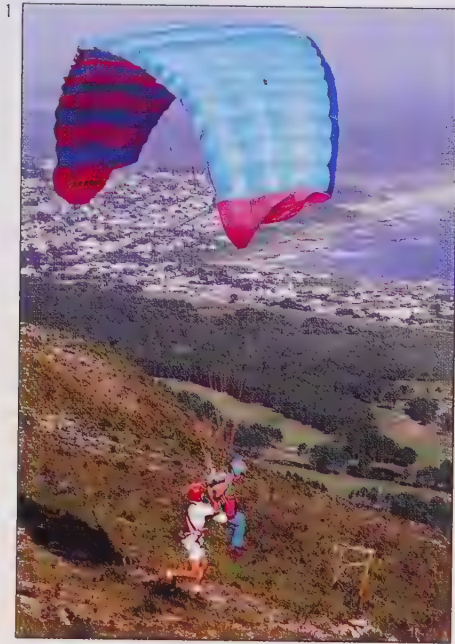


3



4







1 A paraglider takes off from Rotary Drive, with the picturesque town of Hermanus spreading below.

2 Hermanus and the magnificent Walker Bay, haven for the southern right whale.

3 The old stone-bound harbour at Hermanus, with old whaling boats, reminders of former times, on display on the slipway.

4 King of the deep – a southern right whale lazily raises its huge tail out of the ocean, much to the delight of whale-watchers.

5 An old fishing skiff and the fishing cottage museum in Hermanus.

6 A whale-crier, with an appropriate appendage to his hat, alerts visitors to the presence in the bay of these great ocean mammals.

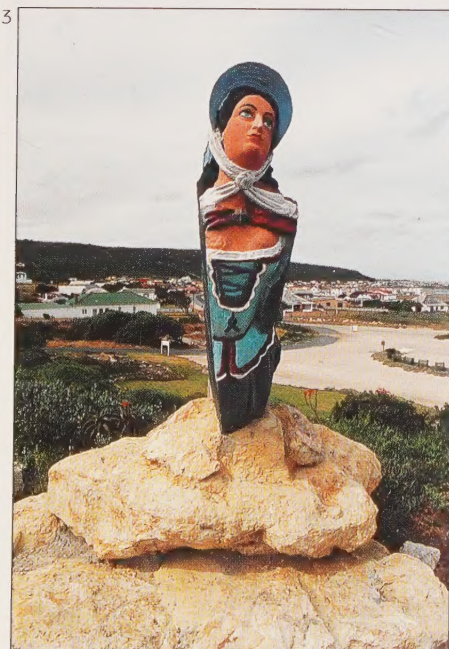




1 and 2 Simple fishing cottages, characteristic of the southern Cape coast, at Arniston.

3 Figurehead from a ship's prow at Agulhas. Nearby Cape Agulhas is the southernmost tip of the continent.

4 The Agulhas lighthouse, a warning to shipping off one of the most perilous coasts in the world.





CAPE TOWN – a name that conjures up images of spectacular beauty: Table Mountain, sun-drenched beaches, towering peaks that slope down to pounding surf. As the historic halfway house between East and West, it is also a city of diverse culture and tradition, making it one of the most vibrant and exciting places in the world. This book captures the many faces and moods of the city and its people with photographs taken by the award-winning team of news photographers on the *Cape Argus*, and with introductory words from some of the newspaper's top writers. This is their Cape Town, their home, as they see it – beautiful, fascinating and enchanting, contained in a volume which will delight readers throughout the world.



ISBN 1-86872-152-3

